

CURRICULUM VITAE

RAYMOND J. PETRAS, B.E., M.A., Ph.D.

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AMA - Certified Instructor - Educating Physicians on End-of-Life Care
 Zhou's Hypoxicology Therapy – Sleep Disorder, Hypoxia Treatment, Certification

Professional Experience:

Mental training expert, sports performance, behavioural specialist, accountability studies for cancer, chronic, acute pain in children, adults, athletes and non-athletes; research, assessments, stress and risk management; weight loss, smoking cessation, assistant professor, CAM modalities, safety, media expert.

Performance, Coaching - Business, education, medical, sports-Olympic, professional, elite, amateur.

Practice Experience:

12/01-Present	Arizona Pain Institute/Spine Health & Rehabilitation (Phoenix, AZ) - Michael Loes, M.D. - Medical Director.
12/03-Present	Southwest Pain Management Associates (Phoenix, AZ) - Dr. Joseph R. Cohen, D.D.S. - Medical Director.
12/04-4/06	Palmer Center for Natural Healing (Scottsdale, AZ) - Alan Palmer, D.C. - Clinic Director.
3/01-12/01	Dustman Chiropractic (Austintown, OH).
2/00-7/00	Oasis Medical Associates (Scottsdale, AZ) - Chronic Pain Practice; Doctor for Phoenix Suns, Coyotes, Mercury and others. Marilyn Wells, D.O. - Medical Director.
5/98-12/00	Family Practice/Injury Management Practice (Minneapolis, MN; Storm Lake, IA) - Paula Strait D.O.
1/95-9/2004	Eagle Medical Family Practice (Mpls, MN) - Milton Seifert, M.D. - Medical Director.

Consulting Experience:

8/23/04 - Present	Gerson Lehrman's Group's Council of Healthcare Advisors
2006-7	Italian Olympic & National Hockey Team
2/00-6/00	Phoenix Suns - NBA.
1/89-Present	U.S. Intercollegiate, High School, Junior Athletes.
8/89- 2001	U. St. Thomas, STP, MN; Lambuth U., Jackson, TN; U of MN (football, track, x-country, soccer, volleyball).
9/90-Present	U.S. Professional, Olympic Athletes.
1991-Present	U.S. Track and Field National Team Athletes.
1992	U.S. Olympic Shot put, Barcelona.
9/92-Present	Canada, Sweden - Major Junior Hockey, Elite, University Athletes (football, basketball, x-country skiing, kick boxing).
1/93-5/93	State Farm Insurance, Ottawa, Canada - Pain Management Provider.
2/96-1/00	U.S. Speed Skating - Midwest Regional Speed Skating Team.
2/96-Present	U.S. Speed Skating - Sport Psychology & Injury Mgt Resource.
1/90-2000	Sister Kenny Pain Rehabilitation Institute - Minneapolis, MN.
8/90	U.S. Olympic Festival, St. Paul, MN.

9/90-12/90 U.S. National & Junior Elite Archery Teams.
1/97-12/98 U.S. Alpine National Team/Olympic Skier.

Team Doctor:

2/96, 11/97; 2/00 **World Cup-Speed Skating** - 500m and 1000m races. Roseville, MN; **World Championships**, Milwaukee, WI.
7/99-7/00; 7/02-7/04 **Schwan's USA Cup Soccer**, Blaine, MN.
9/17-22/02 **Solheim Cup** - Intelachen CC, Edina, MN. (Women's Golf - USA vs Int'l).
5/10-12/01 **Mid-Continent Conference Track & Field Championships** - Youngstown, OH.

Contract Experience:

1/75-6/04 **Private Consultant** (Minneapolis, MN) - Injury management, cancer pain, incurable conditions, performance enhancement, sports performance.
2/8/93-2/24/03 **University of Ottawa Hockey - Men's & Women's** - Mickey Goulet, Head Coach. Ottawa, Canada.
2/8/93-2/24/03 **Hull Olympiques** – Canadian Major Junior Hockey. National Champions Hull, Canada
1/02-6/02 **Gladys T. McGarey Medical Foundation** - Marketing Director. Scottsdale, AZ.
1/95-3/01 **Pathways** - A Health Crisis Rescue Center, Minneapolis, MN. Group and one-on-one sessions.
4/98-3/01 **City of St. Paul, MN** - Risk Management/Worker's Compensation Division.
12/92-4/95 **Pain Clinic** (Ottawa, Ontario, Canada). Head, Neck and Other Injuries; Paul Greenacre, DDS - Medical Director.
12/92-4/93 **Movement Analysis and Treatment Center** (Nepean, Ontario, Canada). Lucie Blench - M.C.P.A., Director, (PMP).
9/92-4/93 **University of Ottawa Sports Medicine Centre** (Ontario, Canada). Gary Greenberg, M.D.- Medical Director (EMP).

Special Appointments:

2004 **Arizona Obesity Program** - Member Governor's Workplace Committee
1/98 **NFL** - 1st Pre-Super Bowl Scientific Congress Presenter.
1/99-Present **USA Track & Field** - Sport Psychology Resource Guide for USATF Elite Athletes.
1/99-Present **USA Speedskating** - Listed as Sport Psychology & Injury Management Resource.
10/20-1/2001 **Prep Golf Tournament (Official)** - Fourth Conference Cup, Country Side GC, Yo., OH.

Chair:

1/96-1/97 **Infinite Health** - Health Care Council (C.A.M.), Edina, MN.
1/97-1/00 **USA Track and Field/Minnesota**-Sports Medicine & Science Developmental Committee.

Teaching Experience

1/97-2/00 **Adjunct Faculty** - University of St. Thomas, St. Paul, MN. Center for Health and Medical Affairs.
8/97-1/98 **Seminar Instructor (Golf)** - Northwestern College of Chiropractic, Bloomington, MN.
1/93-1/95 **Associate Professor (Sport Psychology)** - St. Mary's University Graduate School, Mpls, MN
2/75-2/86 **Instructor - Adult Education** - Community Education, Twin Cities, MN; WI; Open U.

Other Work Experience

4/06-5/06 **Consultant** – Encore Nationwide – My Medicare Matters Program.
2/86-2/87 **Psychotherapist** - Southlake Hypnosis - reduce **weight** and **smoking** cessation.
1/85-2/86 **CEO/President** of Corporate Volunteer Employee Program (Minnesota Mining and Manufacturing [3M]) - Duties included analyzing the needs of the organization, develop strategies to obtain monies to operate, plan/conduct board and representative meeting and interact with corporate officials to insure conformance with corporate policy and plans. Budgetary issues also included developing an asset allocation (assets: \$1 million plus) procedure for fifty plus member

clubs, 18,000 plus employees, 450 representatives, golf course operation and new capital expenditures (e.g., new tennis courts).
1/74-1/76 **Chairman** - Safety (3M) - Chair corporate safety board whose mission was to develop and institute safety programs to instill an awareness of laboratory and home safety. I directed monthly board meetings to plan meetings and monthly employee (450+) safety programs. Received Divisional and Corporate Awards for Excellent and Unique programs.

Publications (Contributing Author)

Ongoing AZ Worker's Compensation Journal; Health Points, AZ; CWCE- California Work Place Magazine - Worker's Compensation; Health & Image: A Magazine Guide to Physical and Mental Wellness; Minnesota Track & Running; Athletic Directory: The Coaches Choice, Apple Valley, CA, Images-MSCH., The Edge, Woodbury, MN, The Phoenix, MN, The American Football Monthly.

Research:

4/98-7/98 **City of St. Paul, MN** - Risk Management Division - **Talking Away Pain™** (also known as **PNPR™**) - A study to determine if a non-invasive pain reduction method is able to reduce or eliminate pain and/or improve daily function with Worker's Compensation and other related injuries or illnesses. July 1998.

9/92-4/93 **University of Ottawa, Canada** - **PsychoNeuro Pain Response™ (PNPR™)** - A technique for reducing pain and improving the range of motion in athletes and non-athletes after injury. A non-published dissertation submitted to The Union Institute. January 1994.

Media Expert:

2/13/10 Arizona Republic – Ski delays working in Vonn's favor. February 13, 2010 at 04:40 PM. Jeff Metcalfe's Winter Olympics blog (<http://www.azcentral.com/members/Blog/jeffmetcalfe/73940>)
6/09 Runner's World – Painful Thoughts. Christopher Percy Collier.
2/4/07 Arizona Republic – Brooks' hockey speech crosses over to football. Sports Section. Doug Haller.
1/6/07 Youngstown Vindicator – A way to rein in pain. Section A. Rob Todor
1/6/07 Tribune Chronicle – Doctor uses brain to kill pain. Sports Section. Warren, OH Ed Puskas
7/3/06 Arizona Republic – Mental blackout: The Heat Index. Sports Section. Doug Haller.
6/26/06 Arizona Republic – Power of selfishness. Living Section. Sonja Haller.
6/11/06 Arizona Republic – Just 'mind' your own business. Career Builder-EC1. Claire Bush.
1/18/06 Arizona Republic - Experts tips to help you maximize fitness time. Living Section. Sonja Haller.
12/19/05 Arizona Republic - When the doctor is ... on the phone. Living Section. Sonja Haller.
1/18/05 Arizona Republic - Pain-free Advice: Osteoarthritis, Living Section. Mary Beth Feller.
11/27/04 Arizona Republic - Get Back on Track, Scott Craven & Quynh Tran.
3/00-1/01 Internet - Pain & Injury Mgt, Sports Psychology - Expert Central.com & All Experts.com

Television:

(2012) TV Arizona State University, Tempe. Why low level athletes hold on?
(2010) TV Channel 12, Phoenix. **Report: Tiger Woods may make return at Match Play in AZ, 2/3.**
(2004) Internet TV/Radio at www.kxam.com. Niles MacFlourer, Why Life Is: Spirit Meaning of Christmas, December 25.
(2003) Cable TV Channel 10, Glendale, AZ. Larry Martel. **Instantaneous Healing.** May 9-19.
(2000) TV Channel Fox 10, AZ, News Maker Sunday. John Hook. **Talking Away Pain™.** April 30.
(1995) TV Channel 5, MN, Focus 5. **Pain Relief: Using The Mind.** September 26.
(1992) TV Channel 5, MN Health Capsule: **Health Expert of the Day** (Acute Pain Management with an Athlete), Monday, February 24.
(1987) TV Channel 5, MN Good Company: **Hypnosis for Weight Loss, Smoking Cessation and Stress Relief.** June.

Radio:

- (2012) Soccer Psychology Insights. Episode 8. Interview with Dr. Petras on how to overcome mental challenges associated with injuries in soccer. August 6, 2012 10:21 am <http://www.soccerpsychologytips.com/2012/mental-challenges-of-a-soccer-injury/?utm_source=rss&utm_medium=rss&utm_campaign=mental-challenges-of-a-soccer-injury>
The McMahon Group-KTAR 92.3 FM. Interview with Dr. Raymond J. Petras (2012 London Olympics and Injury/Pain management), Paul Johnson, former Phoenix Mayor and Dean Wegner, mortgage broker. KTAR92.3 FM. July 22 <<http://ktar.com/?nid=65&a=19052&p=14&n=>>.
- (2011) Joe Carroccio: The Law of Distraction and Interruption. Interview with Dr. Raymond Petras: Concussion, Pain and Sports. www.achieveradio.com/law-of-distraction/. Airs Oct.
- (2011) The Program In 69: Hockey With A Doctor? By The Program on The Fantasy Sports Channel. <<http://www.blogtalkradio.com/theprogram/2011/09/01/the-program>>
- (2011) Football News Now: Eyes Radio Network—"Life on the Beat" with Ed Cole. <<http://www.footballnewsnow.com/2011/life-on-the-beat-with-ed-cole-for-aug-25-fos-brian-mcintyre-rock-parrish-more/>>. Interview with Dr. Petras August 25.
- (2011) Behind the Fackmask. <www.behindthefacemask.com>, Interview w/Dr. Petras, June 28.
- (2011) News, Notes and Rumors, <moohtheadradio.com/2.0/>, Football Injuries, June 14.
- (2009) Dr. Mark Filippi, Soma Time With Pain Changer, Dr. Raymond Petras - Aug 13. <www.blogtalkradio.com/somatime.rss>
- (2009) Mike Silva's NY Baseball Digest (<http://nybaseballdigest.com/>). Pain & Sports Performance (<http://www.blogtalkradio.com/nybaseballtalk/2009/06/25/Down-on-the-Farm>) June 25.
- (2006) KTAR-620 AM. Pat McMahon Show. Safe, Drugless, Non-invasive Pain Management. June 28.
- (2004) KXAM Niles MacFlourer, Why Life Is: Spirit Meaning of Christmas Internet Radio at www.kxam.com Dec. 25.
- (2003) WCCO Pat Miles, Sept. 25.
- (1999) KFAN Golf Performance and Injury Management w/Craig Waryan PGA Master Pro, May 26.
- (1987) WTCN Steve Autey-Hypnosis, Aug. 20.
- (1984) WWTC Don Thompson-Hypnosis, April 1.
- KJJO Ray Scott - "Sports Talk," Pain Management with Athletes - 2X.
- KUOM David Olson-Hypnosis.
- KMFY Mark Johnson-Hypnosis.
- KSTP Lee Volsvick-Hypnosis.

Newspaper Articles:

- (2014) **Campbell Native Petras to Speak at Symposium.** Youngstown Vindicator. Sports Digest, December 29.
- (2012) **Petras: Methods Could Help Olympians.** Youngstown Vindicator. Bassetti. <<http://www.vindy.com/news/2012/jul/01/petras-methods-could-help-olympians/>> July 1.
- (2011) **Concussions, injuries can end an athletes career but there's hope.** Vindicator. John Bassetti. October 28. <<http://www.vindy.com/news/2011/oct/28/career-ending-concussions-and-injuries/>>
- (2009) **Painful Thoughts.** Runner's World – Christopher Percy Collier. June issue.
- (2007) **Doctor uses brain to kill pain.** Warren Tribune-Chronicle. Ed Puskas. January 6.
- (2007) **A way to rein in pain.** Youngstown Vindicator. Rob Todor. January 6.
- (2006) **Petras Chairs Golf Challenge.** Youngstown Vindicator. Vindy.com Nov. 18.
- (2006) **The Heat Index: Mental blackout.** Arizona Republic. Doug Haller. July 3.
- (2006) **Power of selfishness.** Arizona Republic. Sonja Haller. June 26. <http://www.azcentral.com/arizonarepublic/arizonaliving/articles/0626motivate0626.html>
- (2006) **Just 'mind' your own business.** Arizona Republic. Claire Bush. June 11.
- (2006) **Experts tips to help you maximize fitness time.** Arizona Republic. Sonja Haller. Jan. 18. www.azcentral.com/arizonarepublic/arizonaliving/articles/0118timehealth0118.html
- (2005) **When the doctor is ... on the phone.** Living Section. Arizona Republic. Sonja Haller. Dec. 19. <http://www.azcentral.com/arizonarepublic/arizonaliving/articles/1219remotemed1219>.
- (2005) **Pain-free Advice: Osteoarthritis.** Living Section. Arizona Republic. Mary Beth Feller. Jan. 18.
- (2004) **Get Back on Track.** Arizona Republic - Scott Craven & Quynh Tran. Nov. 27.
- (2004) **8 Steps to finding a suitable activity.** Quynh Tran. Jan. 21. <http://www.azcentral.com/specials/special24/articles/0127fitpersonality27box.html>
- (2003) **Petras Speaks, Injuries Listen.** The Vindicator, Yo. OH. Sports of the Day. Friday, Dec. 18.
- (2003) **Mind Over Matter.** Hockey Business News - Toronto, Canada. Vol. 9, No. 5, June.
- (2002) **Therapist's Job is Talking People Out of Their Pain.** The Glendale Star. Glendale, AZ. January 24.
- (2001) **Physical Pain, Mental Therapy: Alternative Care. Four-part series:** The Vindicator. Youngstown, OH. 1. Dr. Ray Petras uses mental approach to Treat Patients, 2. Coach: Petras

- ahead of his time; 3. Trainer: Petras' work can be useful, 4. Taking full advantage of the mind.
 April 30-May 3.
- (2001) **Coffee Talk with V.** Dr. Petras and Talking Away Pain™. The Journal. Youngstown, OH. Vol. 74, No. 15. April 12.
- (2000) **Living Pain Free.** Paradise Valley Independent, Scottsdale, AZ. June 7.
- (2000) **Work's with Phoenix Suns.** Youngstown Vindicator, OH. Sports Medicine. May 14.
- (1999) **Patients Learn to Control Their Pain Through TAP™ Technique.** Tyra Novic Wahman. Focus News, Fridley, MN. June 3.
- (1996) **A Pep Talk for The Pain.** St. Paul Pioneer Press, MN. Leslie Brooks Suzukamo. Thursday, August 1.
- (1996) **Pain Relief a 'miracle' to some.** Excelsior-Shorewood Sun-Sailor, MN. June 12.
- (1995) **Dr. Petras' healing methods are painless.** Youngstown Vindicator, OH. Sports Medicine. Dec. 26.
- (1995) **No pain, no ... pain?** Lake People, Southwest Journal, MN. February.
- (1993) **Petras is doing pain research at U. of Ottawa.** Youngstown Vindicator, OH. Sports Psychology. January 3.
- (1993) **Putting Pain in Perspective.** Canadian Pharmaceutical Journal. March.
- (1991) **Views on the News in Sports,** A Letter From The Editor by Joseph Oberle, Minnesota Sports, June Hypnosis May Be Strange, But Some Athletes Try It, by Jarred Opatz, Sports Editor, The Aquin, Publ. by the University of St. Thomas, St. Paul, MN, May 3, 1991, Issue No. 13.
- (1991) **Athlete Heal Thyself: Sports Consultant Shows The Way,** by Sara Bledsoe, appeared in the Highland Villager Newspaper, St. Paul, MN, April 13.
- (1990) **Athlete Heal Thy Self,** by John Bassetti, Article appeared in the Youngstown Vindicator, Youngstown, OH, Front Page Sport Section, March 3.
- (1985) **He believes in people helping themselves.** District 1 News, MN. January.

Certifications:

- 5/20-21/13 Mental Health First Aid - USA
 10/18/07 Caddie Master – Certified Caddie, TPC Scottsdale, Stadium Course.
 10/12/07 AZ Tourism Ambassador – Certified.
 2/25/06 **Zhou's Hypoxicology Therapy** – Sleep Disorder, Sleep Disorder, Hypoxia Treatment Certification
 10/25/91-2012 **American Academy of Pain Management (AAPM)** - Diplomate in Pain Management-- Credential # 3221.
 9/9/01 **American Medical Association (AMA)**-Trained as a Trainer for the Project to Educate Physicians on End-of-Life Care.
 6/24/70 **Fallout Shelter Analyst** - Federal Emergency Management Agency (#2TT-817-70)

License:

- 4/12/02-2011 **Arizona Department of Racing.** Occupational. Injury Management, Performance Enhancement for Jockeys, Trainers and Horses. License #0200745.
 10/2002 - 20003 **Arizona Intercollegiate Athletics-** Basketball Referee. License #3514.

Professional Affiliations:

- 2008 Arizona Telemedicine Program
 2007-Present Arizona Cancer Coalition-Quality of Life Committee
 1992-2007 American Academy of Pain Management - #3221, Diplomate.
 1999-Present Minneapolis Sports Medicine Center
 1998-Present Minnesota Metro Critical Incidence Team Resource.
 1987-2002 Minnesota Society of Clinical Hypnosis (MSCH).
 1989-90 Minnesota Medical Alley.
 1989-99 Minnesota Psychological Association (MPA).
 1998-99 American Psychological Association (APA).
 1996-99 American Association of Applied Sports Psychology (AAASP).
 1991-93 International Society of Sports Psychology (ISSP).
 1979-92 Association for the Advancement of Ethical Hypnosis (AAEH).
 1992-96 Wellness Center of Minnesota.
 1989-92 Archaeus Project (Health Project).

Education:

- Ph.D.** - The Union Institute & University, Cincinnati, OH, 1/94.
Major: The Psychology of Sports and Pain Management
Major work - PsychoNeuro Pain Response: A Technique for Reducing Pain and Improving Range of Motion in Athletes and Non-Athletes after Injury.
- M. A.** - St. Mary's University, Minneapolis, MN 6/91.
Major: Counseling Psychology, Pain Management, Sport Psychology. Human Development Program.
Major work - A Nonpharmacological Approach to Pain Relief in Football Players.
- Undergraduate** - University of Minnesota, Psychology, 1980.
- BE Chemical Engineering** - Cum Laude, Youngstown State University, 1972.
- University of Minnesota Medical School** - Training for Hypnosis, 6/87, 6/88, 6/89, 6/90, 6/91. Continuing Education ongoing.
- Southlake Hypnosis** - Training in Hypnosis, 7/86.
- Association for the Advancement of Ethical Hypnosis (AAEH)** - training for hypnosis, 1979.
- Reiki Method of Natural Healing II** - by Ethel Lombardi, 4/1/78.
- Reiki Method of Natural Healing I** - by Ethel Lombardi, 11/3/77.
- The Hypnosis Center** - Training for Hypnosis, 1975.
- Zhou's Hypoxicology Therapy** – Sleep Apnea & Disorder, Hypoxia Treatment. Certification, Phoenix, AZ. Dr. Jin Zhou, 2006.
Minister – Universal Life Church. Ordained,
- Miscellaneous:** Microcomputers, information handling systems, problem analysis and decision making, effective listening, interpersonal communications, selling skills, practical persuasion, industrial application of psychological principles, economic theory and statistical analysis, microencapsulation, polymer chemistry, chemical and applications of silicones, safety engineering and fire control training.
- Computer Skills** - Microsoft Word, PowerPoint, Excel, Entourage, PageMaker, PhotoShop, ClarisWorks, Appleworks, Web page design.

Publications:

- Petras, R.J. On-going **Blog.reliefforyou.com**
- Petras, R.J. (2010) **4 Russian Training Tips To Ensure Athletic Success.** Gridiron Strategies. Vol. 10, No. 4
- Petras, R.J. (2010) **5 Elements Necessary For Success.** Gridiron Strategies. Vol. 10, No. 3
- Petras, R.J. (2010) **4-Steps to Speed Recovery.** In the Red Zone with Rex Lardner. American Football Monthly online.
<http://americanfootballmonthly.com/editors_blog/> July 29.
- Petras, R.J. (2009) **Reducing Pain and Anxiety During Reduction of a Fracture.** Practical Pain Management. March, Vol 9, Issue 2.
- Petras, R.J. (2008) **Performance, Pain & Fear: Is Dealing with Fear, After an Injury, Important?** - (Web Only Article).
The American Football Monthly. October Issue.
- Petras, R.J. (2008) **Injury: A Mind/Body & Spirit Relationship?** - (Web Only Article). The American Football Monthly.
September Issue.
- Petras, R.J. (2008) **Mental Training For Performance Enhancement and Injury Management** - (Web Only Article). The
American Football Monthly. August Issue.
- Petras, R.J. (2003) **Techniques You Can Use to Eliminate Pain.** The Edge, Woodbury, MN, Upper Midwest Edition,
October.
- Petras, R.J. (2003) **Research: Mental Techniques Reduce Pain and Costs.** The Edge, Woodbury, MN, Upper Midwest
Edition, September.
- Petras, R.J. (2003) **The Power of the Word in Health Care.** International Rescuer Newsletter. The Official Voice of the
International Rescue & Emergency Care Association. Special Conference Edition, August.
- Petras, R.J. (2003) **Verbal Techniques Eliminate Pain Permanently - A Medical Model.** The Edge, Woodbury, MN, Upper
Midwest Edition, August.
- Petras, R.J. (2003) **CAM's - Complimentary & Alternative Methods.** Fant City Life - featuring Health & Fitness. Summer.
- Petras, R.J. (2003) **Psychology and Sports.** The KidsFirstInSports website. March.
- Petras, R.J. (2002) **Health Points: A Quarterly Rescue for Fibromyalgia, CFIDS, Arthritis & Chronic Pain.** Book
Review-The Healing Response. Vol. 7, Issue 2, April.
- Petras, R.J. (2001) **California Worker's Compensation Endeavor Magazine.** When Drugs, Surgery and Rehab Fail:
Relieving Pain, Reducing Costs and Returning Employees to Work. Vol. 18 No. 1, January.

- Petras, R.J. (2000) **Examiner - The Official Publication of the Arizona Worker's Compensation Claims Association.** Non-Invasive Injury Management Technique Reduces Costs, Relieves Pain, Returns Employees To Work Faster. Vol. 11 No. 1, Fall 2000.
- Petras, R.J. (1998) **Images-MSCH Newsletter.** Stage Hypnosis, Why Not? Workshop by Ralph McKinney, Ph.D., L.P. Reviewed by Raymond J. Petras. Vol. X, No. 3, Spring 1998.
- Petras, R.J. (1998) **Images-MSCH Newsletter.** Body Scan Technique While the Client is in Trance. Workshop by Lynn Powers, Ph.D., L.P. Reviewed by Raymond J. Petras. Vol. X, No. 3, Spring 1998.
- Petras, R.J. (1997) **Health & Image, The Mind-Body Connection: Visualization For Improved Performance,** October 1997 **Minnesota Running & Track,** Plantar Fasciitis, USA Track & Field/MN, Vol. 9, No. 2, June-July, 1997.
- Petras, R.J. (1996) **Images - MSCH Newsletter.** Mental Training and Pain Management in Sweden. Vol. VIII, No. 2, Winter 1996.
- Petras, R.J. (1994) **PsychoNeuro Pain Response (PNPR): A Technique for Reducing Pain and Improving Range of Motion in Athletes and Non-Athletes after Injury.** Doctoral Dissertation. Copyright 1994.
- Petras, R.J. (1991) **Soviet Philosophy of Competition Linked to Mental Training,** Athletic Directory, Vol. 11 No. 2, Fall 1991.
- A Nonpharmacological Approach to Pain Relief in Football Players,** Unpublished Position Paper, Saint Mary's College, Graduate Campus, Minneapolis, Minnesota.
- A Psychological Approach for Accelerated Pain Reduction in Athletes,** Sports Performance Institute, 3rd Annual Sports Performance Conference, Spring 1991.
- Performance, Pain, and Fear,** Athletic Directory, Vol. 11 No. 2, Spring 1991.
- Case Study: Pain Reduction for College Football Kicker. *Artifex: Journal of Cyberbiology*, V8, No. 2/3, Summer/Fall 1989, p. 58.

Presentations:

- Petras, R.J. (2013) **VIP Luncheon – The Mind & Pain.** Unity of Phoenix, Phoenix, AZ. May 15.
- Petras, R.J. (2013) **The Freedom Baseball League – Sports performance and Pain/Injury Management,** Michael King-GM. Chandler, AZ. February 13.
- Petras, R.J. (2012) **The Logos Center – Is Pain Affecting Your Quality of Life?** Scottsdale, AZ. October 28.
- Petras, R.J. (2011) **HealthSouth, Valley of the Sun Rehabilitation Hospital -- Power Over Pain** sponsored by the American Pain Foundation – Exhibitor. Presentations and Health Fair., Glendale, AZ. Sept 17.
- Petras, R.J. (2011) **The Terraces – Non-Invasive Pain Management: Is Pain Affecting Your Quality of Life,** Phoenix, AZ, Sept. 9.
- Petras, R.J. (2007) **Integrative Medicine & Sports Medicine Clubs, Midwestern Osteopathic School – Psychological Pain Management,** Glendale, AZ, March 30.
- Petras, R.J. (2006) **Racquet Club @ Scottsdale Ranch – Natural Healing Methods,** Scottsdale, AZ, April 6.
- Arizona Craniomandibular Group - A Psychological Approach to Safe, Effective and Quick Elimination of Pain,** Scottsdale, AZ, March 24.
- American Chronic Pain Association (Arizona Region) – A Psychological Approach to Safe, Effective and Quick Elimination of Pain,** Scottsdale, AZ, February 8.
- Rainbow Community Group – Techniques for Health & Prosperity.** Phoenix, AZ. January 18.
- Petras, R.J. (2005) **AzNMA Semi-Annual Southwest Convention – Pain Management – A Psychological Approach to Safe, Effective and Quick Elimination of Pain.** Tempe, AZ, October 13.
- The Pain Center 2005/2006 - The Nuts and Bolts (SSPM) - Emotions In The Control of Pain,** Green Valley Ranch, Henderson, NV. September 20.
- The Pain Center 2005/2006 - The Nuts and Bolt (SSPM) - A Psychological Approach To Safe, Effective And Quick Elimination of Pain,** Green Valley Ranch, Henderson, NV, September 20.
- The Pain Center 2005/2006 - The Nuts and Bolts (SSPM) - Incorporating Psychological Services Into Your Practice Or Multi-Disciplinary Clinic.** Green Valley Ranch, Henderson, NV, September 19.
- Glendale Main Library - The Unexplained-a free series of talks about extraordinary phenomena. Give Yourself Permission to Get Better.** Glendale, AZ. June 23.
- Linking Sports And Communities 2005 - “Keeping Young Athletes Healthy For Life.”** Panel. Glendale, AZ. June 17.
- Business Network International - Alternative Medicine,** Scottsdale, AZ, March 31.
- Scottsdale Community College Alternative Medicine Class - Mind, Emotions and Spirit in Healing,** Scottsdale, AZ, March 30.
- 18th Annual Society for Pain Practice Management (SPPM) Symposium - A Psychological Approach To Safe, Effective And Quick Elimination of Pain,** La Posada Resort, Scottsdale, AZ, March 16.
- 18th Annual Society for Pain Practice Management (SPPM) Symposium-Emotions In The Control of Pain,** La Posada Resort, Scottsdale, AZ, March 14.

- Unity of Phoenix Workshop**-Myrtle Fillmore's Spiritual Techniques for Physical Healing-Unity of Phoenix, Phoenix, AZ, March 11.
- VIP Luncheon**-Myrtle Fillmore's Spiritual Techniques for Physical Healing Overview-Unity of Phoenix, Phoenix, AZ, March 9.
- Peripheral Neuropathy**-Non-Pharmacological Methods for Pain Management, Scottsdale Senior Center, Scottsdale, AZ, Feb. 11.
- Arizona Track and Field Coaches Clinic, 46th Annual ATCCCA** - Sports Performance, Sports Psychology and Psychological Techniques for Injury Management, San Marcos Resort, Chandler, AZ, Jan. 8.
- Petras, R.J. (2004) **KXAM 1310 Radio, Internet Radio - TV** - Why Life Is: Spiritual Meaning of Christmas, Niles MacFlourer - host, www.kxam.com, Dec. 25.
- Ameri Pride** - Non-Pharmacological Approach to Pain Management. Minneapolis, MN. August 9.
- Willis of Minnesota, Inc.** - Risk Management Firm. Non-Pharmacological Approach to Pain Management. Minneapolis, MN. May 24.
- Fibromyalgia Association** - Non-Pharmacological Approach to Pain Management. Glendale, AZ. Apr. 1
- Graduate Class, Sport Psychology** - Sport Psychology and Injury Management. Argocoy University, Phoenix, AZ. Mar. 24
- Dancing On the Mountain, Dance Competition** - Preparing for Competition and Remembering Your Routines; Performing Superbly Under Pressure as Well as for Fun; Relaxation and Pain Mgt. Flagstaff, AZ. Mar. 19-21
- Petras, R.J. (2003) **St. Luke's Catholic Church** - Talking Away Pain™, Phoenix, AZ. Mar. 1.
- American Academy of Pain Management - 14th Annual Clinical Meeting:** Pain Management - Together We Are Going Places - Talking Away Pain™. Adam's Mark Hotel, Denver, CO. Sept. 7.
- XI International Conference on Thinking** - New Techniques of Pain Management and Performance Enhancement, Phoenix Civic Plaza, Phoenix, AZ. July 25.
- Glendale, AZ Cable TV.** Instantaneous Healing. Glendale Foothills Library, Glendale, AZ. Mar. 29.
- Arizona Governor's Council on Health, Physical Fitness, and Sports.** Mind Body, Health and Performance. Tempe, Arizona. Feb. 20.
- University of Ottawa - Master's Seminar.** Psychological Techniques for Sport Performance and Injury Management. Ottawa, Ontario, Canada. Feb. 12.
- Petras, R.J. (2002) **Corporate Golf Academy for Executive Women.** The Mental Side of Golf. Brookview G.C., Golden Valley, MN. August 1.
- Sports Council, Northwestern Health Sciences University.** Sport Psychology and Mental Techniques to Eliminate Pain. Bloomington, MN. July 9.
- Turf Paradise Jockeys.** Sport Psychology, Injury Management, Animal Psychology. Phoenix, AZ. Apr. 14.
- Association for Research and Enlightenment (A.R.E.).** Talking Away Pain™, A Mind-Body Approach to Pain Relief. Phoenix, AZ. Mar. 23.
- Glendale Community Library.** Talking Away Pain™. Glendale, AZ. Mar. 21.
- Gladys Taylor McGarey Medical Foundation (Physician's Study Group).** Psychology of Pain. Paradise Valley, AZ. March 3.
- Sun Health: Chronic Pain Group.** Talking Away Pain™. Sun City, AZ. Feb. 11.
- Desert Pain Clinic.** Talking Away Pain™. Mesa, AZ. Jan. 31.
- Petras, R.J. (2001) **Youngstown State University.** Department of Human Performance and Exercise Science, Exercise Science Major's Club, Phi Epsilon Kappa Fraternity Epsilon Nu chapter. Performance enhancement and mental techniques to managing stress and pain. Youngstown, OH. Nov. 5.
- Ursuline High School.** Boys Cross Country Team. Sport Psychology and Mental Techniques for Pain Management. Oct. 23.
- Petras, R.J. (2000) **St. John's the Baptist Catholic Church.** Pain Management. Campbell, OH. Apr. 26.
- Lyme Disease Association of Minnesota.** Columbia Heights, MN. Oct. 10.
- City of St. Paul Citizen Services.** Talking Away Pain™ (TAP™). St. Paul, MN. June 12.
- Westminster Village.** Retirement Community. Talking Away Pain™ (TAP™). Scottsdale, AZ. June 8.
- Scottsdale Royale.** Retirement Community. Talking Away Pain™ (TAP™). Scottsdale, AZ. June 2.
- TV Channel Fox 10, AZ., News Maker Sunday.** Talking Away Pain™. John Hook. April 30.
- Fairview-University Medical Center.** Psychological Injury Management in the Training Room. Minneapolis Sports Medicine Center, Minneapolis, MN. Jan. 12.
- Petras, R.J. (1999) **Weight Lifting Association.** The Mind-Body Approach for Injury Management and Performance Enhancement. Minneapolis P.A.L. Fall Junior Open Championship. Minneapolis YWCA. Nov. 6.
- Medtronic.** Neurological and Spinal. Cliff Owens-VP/GM. Talking Away Pain™. Columbia Heights, MN. Nov. 5.
- US Speed Skating - National Team.** Sports Performance, Injury Management- prior to National Trials. Milwaukee, WI. October 24-26.

- Northern States Power Company-Health Fair.** Talking Away Pain™. Bayport, MN. Sept. 30.
- Legal Employees Education Association.** Talking Away Pain™. St. Paul, MN. Sept. 8.
- US Speed Skating - National Team.** Injury Management. Milwaukee, WI. September 5-7.
- Corporate Golf Academy for Executive Women.** The Mental Side of Golf. Troy Burne G.C., Hudson, WI. August 26.
- City of St. Paul-Health Fair.** St. Paul, MN. August 12.
- Medical Team - Schwan's USA Cup Soccer.** Blaine, MN. July 12-17.
- Golf Performance and Injury Management - Radio Program.** KFAN 1130 AM Radio w/Craig Waryan, PGA Master Professional. Minneapolis, MN. May 26.
- The Arthritis Foundation Minnesota Chapter.** An event focused on creating awareness and education for businesses concerning the needs of employees with arthritis and other chronic illnesses in the workplace. Talking Away Pain™, St. Paul, MN. April 30.
- Metro Critical Incidence Stress Management Conference.** Talking Away Pain™. MN. March 4.
- Professional Golfers Association of Minnesota (MPGA).** The Mind-Body Approach for Enhanced Golfer Performance. Bloomington, MN. January 12.
- Petras, R.J. (1998) **USA Track & Field - Race Walking Association.** Talking Away Pain™. USA Track & Field Annual Conference, Orlando, FL. December 4.
- The Willis Corroon "Loss Control Management Seminar" (Construction Industry Division).** Talking Away Pain™. Radisson Hotel, Plymouth, MN. December 1.
- University of Minnesota - Women's Track and Field/Cross-country team.** Talking Away Pain™. Minneapolis, MN. September 22.
- RTW, Inc.** Talking Away Pain™. Bloomington, MN. September 16.
- Total Employee Assistance Management.** Talking Away Pain™. St. Paul, MN. September 16.
- Ford Motor Company.** Talking Away Pain™. St. Paul, MN. August 19.
- AFL-CIO & UAW.** Talking Away Pain™. St. Paul, MN. May 27.
- Minnesota LPGA Classic.** Career Women's Golf Clinic. Rush Creek GC, Maple Grove, MN. May 18.
- City of St. Paul-Risk Management Division.** Talking Away Pain™. St. Paul, MN. March 31.
- Minnesota Chapter - American Physical Therapy Association.** Spring Lecture Series. Talking Away Pain™. St. Paul, MN. March 24.
- Pre-Super Bowl Scientific Congress.** Talking Away Pain™. San Diego, CA. January 20.
- Petras, R.J. (1997) **San Diego Museum of Art.** Sport, Art & Health. San Diego, CA. January 17.
- Northwestern College of Chiropractic.** Golf II: The Whole Person Approach To Enhanced Golfer Performance. Mesa, Arizona, December 6-7.
- Speed Skating-World Cup.** 500m and 1000m races. Meet Doctor. Roseville, MN. November 13-16.
- Minnesota Rehabilitation Counseling Association - Keynote Speaker:** Talking Away Pain™ presentation and demonstration. St. Paul, MN. Nov. 6.
- Minnesota State High School Hockey Coaches Association Clinic-1.** Mental Training for Performance Enhancement, 2. Talking Away Pain™. Duluth, MN. October 24.
- International Brotherhood of Electrical Workers Board of Trustees.** Local Union 110. Talking Away Pain™. St. Paul, MN. October 22.
- Association for the Advancement of Applied Sport Psychology Conference.** Workshop: Talking Away Pain™. San Diego, CA. September 26, 1997.
- College of Chiropractors of Alberta (CCOA).** Golf II: The Whole Person Approach To Enhanced Golfer Performance. Edmonton, Alberta, Canada. August 30-31.
- Minnesota State High School Volleyball Coaches Association.** Clinics-1. Mental Training for Performance Enhancement, 2. Talking Away Pain™. Thursday, August 7.
- International Brotherhood of Electrical Workers.** Local Union 110. Talking Away Pain™. St. Paul, MN. July 10.
- CorVel Corporation-Talking Away Pain™.** St. Paul, MN. July 9.
- 1997 International Association of Industrial Accident Boards and Commissions (IAIABC) Central States Association Worker's Compensation Conference.** Challenging the Status Quo. "Dr. Petras will demonstrate a revolutionary way of Talking Away Pain™ that challenges the status quo for how worker's compensation injuries are treated. Minneapolis, MN. June 20.
- Minnesota Department of Labor & Industry (Worker's Compensation)-** Talking Away Pain™ presentation and demonstration. Ms. Jane Luger, St. Paul, MN. June 4.
- Cannon Falls Hospital-**In service for physicians, nurses, chronic pain program and nursing home participants. Dr. Karl Molenaar, Cannon Falls, MN. March 21.
- Canadian Wellness Program-**Saskatchewan Institute of Applied Science and Technology (SIAST) in conjunction with the Sport Medicine Council and Saskatchewan Government Insurance (Rehab. Medicine). Regina, Saskatchewan, Canada. Feb. 1-2.
- Post Graduate Orthopedics Program -** Northwestern College of Chiropractic, Bloomington, MN. Jan. 17.

- Petras, R.J. (1996) **Professional Ski Instructors Association**-Highland Hills Ski Area. Sport Psychology and injury management. Bloomington, MN. Nov. 2.
- Fairview Pain Management Center**-In service demonstration. Minneapolis, MN. September 24.
- Volleyball Coaches Association-Minnesota State High School**. Mental Training to Enhance Performance & Reduce Injuries. College of Saint Benedict, St. Joseph, MN. August 10.
- Speed Skating- US Speed Skating Sports Medicine Council**. Demo on pain management, St. Paul, MN. Mar. 19.
- Fibromyalgia - Pain Management for Fibromyalgia Clinicians**. Abbott-Northwestern Hospital. Minneapolis, MN. Jenny Franzen-coordinator. Apr 4.
- Skills Development** - Teaching the use of ideomotor response with finger movements. Minnesota Society of Clinical Hypnosis. Mar. 9.
- Speed Skating - World Cup**. 500m and 1000m races. Meet Doctor. Roseville, MN. Feb. 20-24.
- C.O.R.E: Association for Coaches, Athletes, Officials, and Media**. Sport Psychology and Psychological pain management for athletes. St. Paul, MN. Feb. 7.
- Ski Racing Team-Ski Hut: Mental Training for Sports**. Athletes, ages 6-19 and Coaches. Bloomington, MN. Mark Lindemer-Coach. Jan. 31.
- Ski Racing Team-Buck Hill: Mental Training for Sports**. Athletes, ages 6-19, Parents and Coaches. Bloomington, MN. Tony Olin-Coach. Jan. 25.
- Petras, R.J. (1995) **Sweden**: Three week tour throughout Sweden demonstrating The PsychoNeuro Pain Response Technique (PNPR), to the sport and medical community and at the autumn meeting of Swedish Mental Trainers. Sponsored by Dr. Lars-Eric Unestahl, Göteborgs Internationella Utvecklingscentrum. October 18-November 8.
- 19th Upper Midwest Regional Holistic Medical Association Meeting** - The PsychoNeuro Pain Response Technique (PNPR), Shakopee, MN, Oct. 7.
- TV-Focus 5**: segment on PsychoNeuro Pain Response (PNPR) and psychological pain management. Channel 5 news, Minneapolis, MN., September 26.
- Lambuth University**-Worked with the football team and other sports (soccer, basketball, etc.) for injury/pain and performance.
- American Academy of Pain Management: Annual Meeting**-Poster Presentation. PsychoNeuro Pain Response (PNPR) Technique, Dallas, TX., September 14-17.
- Sports Medicine Clinic**-Dr. Rob Johnson. Family Medical Center. PsychoNeuro Pain Response (PNPR) Technique, Minneapolis, MN, June 9.
- World Congress on Mental Training and Excellence**. PsychoNeural Pain Control. Westin Hotel, Ottawa, Ontario, Canada, May 29.
- Swedish Delegation to the World Congress on Mental Training and Excellence**. Presentation and Demonstration of PsychoNeuro Pain Response (PNPR) Technique. Westin Hotel, Ottawa, Ontario, Canada, May 28.
- Hull Olympiques/Major Junior Hockey**. The PsychoNeuro Pain Response. Flown in to work with injured men's hockey players. Ottawa, Ontario, Canada, February 25-28.
- University of Ottawa**. The PsychoNeuro Pain Response. Flown in to work with injured men's hockey and men's and women's basketball players. Ottawa, Ontario, Canada, February 18-25.
- Present Moment Book Store**. Demonstration of PsychoNeuro Pain Response (PNPR) Technique on subject with degenerated disc in the neck. St. Paul, MN, June 8.
- Petras, R.J. (1994) **Psychologists/Therapists located at Hamline Park Plaza**. Demonstration of PsychoNeuro Pain Response (PNPR) Technique on subject with degenerated disc in the neck. St. Paul, MN, June 8.
- C.O.R.E: Association for Coaches, Athletes, Officials, and Media**. Sport Psychology and Psychological pain management for athletes. St. Paul, MN, June 1.
- St. Paul Police Employee Assistance Program**. Demonstration of PsychoNeuro Pain Response (PNPR) Technique on a toothache. St. Paul, MN, May 2.
- Petras, R.J. (1993) **American Academy of Pain Management: Annual Meeting**. PsychoNeuro Pain Response (PNPR) Technique. Knoxville, TN, October 14-17.
- Canadian Technical Council**. Part One of a "Mental Skills Training" Series. A Mental Approach to Pain Management. Gloucester, Ontario, Canada, March 23, 1993.
- University of Ottawa: Sport Consulting Class**. Dr. Norman Chouinard. Ottawa, Ontario, February 11.
- Ottawa Rough Riders**. Coach Jim Daley-CFL. January 26.
- Health Science Faculty Presentation**. PsychoNeuro Pain Response (PNPR): A Behavioral Approach to Pain Management. University of Ottawa, Ontario, Canada, January 13.
- Petras, R.J. (1992) **American Academy of Pain Management: Annual Meeting-Poster Presentation**. PsychoNeuro Pain Response (PNPR) Technique. Albuquerque, NM, October 8-11.
- Midwest Pain Society**: 16th Annual Scientific Meeting of PsychoNeuro Pain Response (PNPR), A Nonpharmacologic Approach To Pain Management. Chicago, IL., April 24.

- Minnesota Society of Clinical Hypnosis Meeting.** Panel Discussion: Brilliant Moments on the New Frontier. January 18.
- Petras, R.J. (1991) **University of Minnesota Sport Psychology Department.** Presentation/Demonstration: PsychoNeuro Pain Response (PNPR) Technique.
- Sports Performance Institute.** Presentation: Non-Pharmacological Pain Relief in Athletes, 3rd Annual Sports Performance Conference, presented in New Orleans, June 7.
- Minnesota Chiropractic Association.** Presentation/Demonstration: Non-Pharmacological Pain Relief. Annual Meeting, Brooklyn Park, MN, April 6.
- Sister Kenny Pain Rehabilitation.** In-service Presentation /Demonstration: A Non-Pharmacological Approach to Rapid Pain Reduction, Minneapolis, MN, January 25.
- Petras, R.J. (1990) **Shealy Institute for Comprehensive Health Care.** Demonstrate Acute Pain Management Technique on Chronic Pain Patients, Springfield, MO., November 1990.
- US Archery and Junior Elite Archery members -** Training camp at Olympic Village in Colorado Springs, CO., November 21-3; Pain Management with Athletes. Note: Also worked with injured athletes during training sessions.
- US Archery and Junior Elite Archery members at US Olympic Festival (August)**
- Pain, Fear and Performance: Hypnotic Treatment.**
- MSCH, Neurological Clinic, Golden Valley, MN. April 21.
 - Macalester College, St. Paul, MN. September 23.
 - University of St. Thomas, St. Paul, MN. Sport Psychology Class. Instructor-Vic Wallace.
- Petras, R.J. (1988-9) **KARE-11, Health Fair.** Uses of Hypnosis. April.
- Petras, R.J. (1988) **Hamline Law School.** Hypnosis in the Courtroom. November.
- Ramsey County Hospital Chronic Pain Outreach Group.** Hypnosis and Pain Management. December.
- United Hospital, St. Paul. Manic-Depression Group.** Hypnosis as a Tool for Better Health. October.
- American Business Women's Association.** Hypnosis in Business. December.
- Secretaries Day** (New Richmond, WI), 3M, Parents w/o Partners.

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- (1993) PsychoNeuro Pain Response (PNPR™) Technique. Dramatic information video. Registration #425659, Consumer and Corporate Affairs Canada.

Honors:

International Health Professional of the Year – Int’l Biographical Centre, Cambridge, England, 2006.
PRIMA (Public Risk Insurance Managers Association) - Award Nominee through City of St. Paul - 1999.
Youngstown State University - All University Intramural Sports Team Member - 1972.
Outstanding Young Men of America Award - 1986.
Patent (US) - #4,061,826 Flame Retardant Electrical PSA Tape.
National Honor Society - Ursuline High School.
Youngstown Educational Foundation Scholarship - Recipient.
Honors Mathematics - Youngstown State University (YSU).
Effective Communications Award - Dale Carnegie.
Letter of Commendation - 3M Employee Recreation, Safety Program.
Highest Efficiency Rating - US Department of the Navy.
Corporate Golf Team member - 3M.
Golf course record held - 66.

Sports:

Coach: Women's Softball (League Champs).
Men's Softball (League Runner-up. Tournament Champs).
Boy's Basketball (League Champs, '64, '67).
Boy's Bantam Baseball-Runner-up ('97).

Sports (participant):

Golf - Youngstown State University Team (5 years).
- 3M Corporate Golf Team.
- Personal Best Score (Tartan Park, 3M, 32-31--63).
- Tournaments - Winner (Individual, Team).
- Tournament - Chairman.

Tennis - Junior - Doubles (Junior High-Undefeated).

Baseball - Little League (1st pick, highest in history of City Draft), All Star (Pitcher, Center Fielder, First Base).
Stole more bases than entire league, one year.
- AA (Highest Level achieved).

Football - Sandlot Star (Quarterback, Running Back, Receiver).
- Youngstown State University - Engineering League Champs.

Basketball - Leading scorer (~23 pts/game), YMCA.
- League Champs (13-14, 17-18), YMCA.
- 3M Co. Division Champs, Overall Runners-Up.
- Youngstown State University Engineering League Champs.

Volleyball - Youngstown State University Intramural Runners-Up.
- 3M Co. League Runners-Up.

Softball - Recreational League, Section and Overall Champs. Church League - Champs and Runner's up (multiple years).

Track - High Jumper (High School).

Volunteer Organizations:

2010-Present Mission of Mercy – Medical Team for uninsured and underinsured
6/05-Present Maricopa Council on Youth Sports and Physical Activity (MCYSPA) – Board member
5/06-Present Flying Samaritans (medical help in Baja, Mexico)
1970's Gillette Crippled Children's Hospital.

Miscellaneous:

-Intel International Science and Engineering Fair - **Grand Awards Judge**, 5/10-11/2005.
-International Student Advisor -Aided Saudi Arabian students living in St. Paul, MN.
-Volunteer - Gillette Crippled Children's Hospital.
-Special Olympics Sport Consultant.
-Special Olympics-1991 International Games, Entertainment Committee.

- Special Olympics-2002, Arizona Games.
- Habitat for Humanity-2002, Arizona.
- Video Tape Production - produced and directed two advertising tapes.
- Photographer - paid position.
- Government Certified Fall-Out Shelter Analyst.
- New York Metropolitan Opera-Super (Operas – Tosca and Aida), 1986.
- Performed with Local 50's Band-Rockin' Hollywood's.
- Royalty Member-Royal Guard, St. Paul Winter Carnival, 1989.
- Emcee - various functions.

CONTINUING MEDICAL EDUCATION

ATTENDANCE IN WORKSHOPS, CLINICS, COURSES

<u>Date</u>	<u>Type of Program</u>	<u>Title</u>	<u>Location</u>	<u>Instructor</u>
9/92-12/93	Seminar-APA 6921	Current Research in Sport Studies	U of Ottawa	Genevieve Rail, Ph.D.
1/93-3/93	Course-APA 4321	Special Topics in Sport Psychology	U of Ottawa	Terry Orlick, Ph.D.
1/93-3/93	Seminar-APA 5302S	Current Research in Sport Studies (Golf, Women's Issues, Canadian Sport Issues)	U of Ottawa	Harold Hansen, Ed.D.
5/26/95	Panel Discussion	Music Performer /Consultant	Ottawa	Panel
5/27/95	Workshop	Gaining Entry and Issues in Consulting with Coaches and Athletes	Ottawa	Ken Ravizza
5/28/95	Panel	Panel: Mental Training in Sport, Business and Performing Arts	Ottawa	Panel
5/28/95	Workshop	The Swedish Model of Mental Training	Ottawa	Olle Anfelt, Lars-Eric Unestahl
5/29/95	Workshop	Neurophysiological, Biological, Behavioral and Performance Effects of Inner Mental Training	Ottawa	Pavel Bunzden Lars-Eric Unestahl
5/29/95	Workshop	Guided Imagery for Healing	Ottawa	Bill Straub
5/29/95	Workshop	Improving the Quality of Deliberate Practice	Ottawa	John Partington Krista Kiiffner
10/17/96	Keynote	Physical Inactivity	Williamsburg VA	Neville Owen
10/17/96	Symposium	A Social Psychological Model of Applied Sport Psychology Consultation	Williamsburg VA	3-Speakers
10/17/96	Workshop	Developing Creativity	Williamsburg VA	Patricia Latham Bach Lois Butcher
10/17/96	Lectures	Measurement Issues	Williamsburg VA	Prsider-Peter Crocker
10/17/96	Workshop	Evaluating the Effectiveness of Sport Psychology Consulting and Supervision	Williamsburg VA	Bruce Hale David Collins
10/17/96	Colloquium	Computerization of	Williamsburg	Natalie Durand-Bush

		OMSAT	VA	
10/17/96	Workshop	Program for Athlete Career Transition	Williamsburg VA	Johanne Mahanes
10/18/96	Keynote	Forms of Social Efficacy	Williamsburg VA	Stephen Zaccaro
10/18/96	Symposium	Psychology of Season-Ending Ski Racing Injuries and Rehabilitation	Williamsburg VA	Dan Gould
10/18/96	Lectures	Innovative Intervention Strategies	Williamsburg VA	Damon Burton President
10/18/96	Symposium	Alternative Uses for Sport Psychology	Williamsburg VA	Vincent Granito Organizer
10/18/96	Workshop	Sexual Attraction and the Profession of Sport Psychology	Williamsburg VA	Christine Buntrock
10/19/96	Keynote	Cornerstones and Challenges in I/PE	Williamsburg VA	Cal Botterill
10/19/96	Workshop	New Professionals in Sport	Williamsburg VA	Trent Petrie
10/19/96	Colloquium	Creating a Vision: The Future of Sport Psychology	Williamsburg VA	Kimberly DuCharmes
10/19/96	Lectures	Altered Performance States	Williamsburg VA	Katie Kilty-President
10/19/96	Symposium	Technology and Sport Psychology	Williamsburg VA	Shane Murphy President
10/19/96	Symposium	Moving toward 2000	Williamsburg VA	Richard Ferguson Organizer
10/20/96	Symposium	1996 Olympics: Perspectives of Four Sport Psychologists	Williamsburg VA	Sean McCann, Organizer
10/20/96	Lectures	Diversity in Sport	Williamsburg VA	Brenda Bredemeier President
10/20/96	Lectures	Internationality in Sport	Williamsburg VA	Cynthia Pemberton President
1/11/97	Workshop	Hypnosis Videos: What We Can Learn From Three Great Ones	Minneapolis, MN	Ralph Mckinney, Ph.D., L.P.
4/10/97	Workshop	Sexual Pleasures and Hypnosis	Minneapolis, MN	Sandra Nohre, MA, LP, L.M.F.T.
9/18/97	Workshop	Integration of Complementary Medicine-Case Presentation	Las Vegas, NV	Andreas H. Syllaba, D.O. Jo Ellen Hyden, L.Ac. William Decker, Ph.D.
9/18/97	Seminar	Hyperbaric Oxygen Therapy	Las Vegas, NV	Joe Gonzales, M.D. Lawrence Short, Ph.D.

9/19/97	Seminar	Patient Education	Las Vegas, NV	Carl McNeely, RN, MEd, CS
9/19/97	Seminar	Vocational Rehabilitation and Chronic Pain	Las Vegas, NV	Kimeron Hardin, Ph.D.
9/19/97	Seminar	Dissection: The Anatomy of Pain	Las Vegas, NV	Marc Pick, D.C.
9/19/97	Seminar	Paying for Quality & Utilization: Boon or Bane for Healthcare	Las Vegas, NV	William Sieber, Ph.D.
9/19/97	Seminar	Natural Relief From Pain & Depression	Las Vegas, NV	Arnold Fox, M.D.
9/19/97	Keynote/Debate	Connective Tissue Disease or Fibromyalgia Associated with Breast Implants	Las Vegas, NV	Bruce Rothschild, M.D. Thomas Romano, M.D., Ph.D.
9/19/97	Seminar	Antidepressant Use in Pain Management	Las Vegas, NV	Bill Aurora, PharmD Michelle Towle, PharmD
9/20/97	Seminar	Dreams, Spirituality & Psychic Healing	Las Vegas, NV	Carol Lovejoy
9/20/97	Seminar	Validating the Complaint of Pain: Differential Diagnosis of So Called "Psychogenic Pain"	Las Vegas, NV	Arthur Daus, Jr., M.D.
9/20/97	Seminar	The Politics of Death	Las Vegas, NV	Samira Beckwith, LCSW
9/20/97	Seminar	Herbal Medicine and Naturopathic Medicine	Las Vegas, NV	Rick Marinelli, N.D.
9/20/97	Seminar	Neuropsychological Aspects of Pain Management	Las Vegas, NV	Bob Gant, Ph.D.
9/20/97	Seminar	Pain Management for the Elderly	Las Vegas, NV	Raymond Sorensen, D.O.
9/20/97	Keynote	Current Concepts in Pain Management	Las Vegas, NV	Ron Melzack, Ph.D.
9/20/97	Seminar	Headache-Classification, Prevalence, Management	Las Vegas, NV	Roger Cady, M.D.
9/20/97	Seminar	Cancer Pain Management Strategies	Las Vegas, NV	Heather Allen, M.D.
9/20/97	Seminar	Low Impact Rear-end Motor Vehicle Accidents: Why People Get Hurt	Las Vegas, NV	Christopher Brown, D.D.S., M.P.S.
9/25/97	Keynote	Commitment, Identity, and Social Relationships	San Diego, CA	Jay Coakley
9/25/97	Symposium	New Perspectives on Women in Sport	San Diego, CA	Susan Langdon Organizer
9/25/97	Lectures	Performance Enhancement	San Diego, CA	Wade Gilbert

		Lectures: Mental Training		Presider
9/25/97	Symposium	Women, Sport and Exercise	San Diego, CA	Kate Hays Organizer
9/25/97	Symposium	Life Skills, Sport, and Health Programs for Youth	San Diego, CA	Steve Danish Organizer
9/25/97	Colloquium	Supporting you Habit: Getting Research Funding from the USOC	San Diego, CA	Karen Cogan Presider
9/26/97	Keynote	Rehabilitating Injured Athletes: A Physician's Perspective	San Diego, CA	Richard Steadman
9/26/97	Workshop	Lessons Learned the Hard Way in Sport Psychology Consulting	San Diego, CA	Shelley Wiechman Organizer
9/26/97	Symposium	Social Support, Coping, and Athletic Injury Recovery	San Diego, CA	Dan Gould Organizer
9/26/97	Workshop	Issues in Sport Injury and Pain	San Diego, CA	Panel
9/26/97	Colloquium	Mental Skills Applied to Sports Injury Rehab: Prelim. Results	San Diego, CA	Panel
9/26/97	Lectures	Pain and Injury	San Diego, CA	Adrienne Toogood Presider
9/27/97	Keynote	Preparing for Consulting with Elite Level Athletes	San Diego, CA	Gloria Balague
9/27/97	Symposium	The Role of the Sport Psychologist Traveling with Athletes or Teams	San Diego, CA	Gloria Balague Organizer
9/27/97	Colloquium	Coaches' Perspectives on Mental Training	San Diego, CA	Ken Ravizza Organizer
9/27/97	Colloquium	Olympic Insights on Mental Training: Athletes' Perspectives	San Diego, CA	Tom Hanson Organizer
9/27/97	Presidential Address	Thoughts on the Education of a Sport Psychologist: Becoming an Expert	San Diego, CA	Leonard Zaichkowsky
9/28/97	Workshop	Issues in Sport Injury and Pain	San Diego, CA	Panel
9/28/97	Symposium	Use of Eye Movement Desensitization and Reprocessing with Athletes	San Diego, CA	Thomas North Organizer
9/28/97	Workshop	No Laughing Matter: Finding and Using	San Diego, CA	Panel

		Humor in a Consulting Practice		
11/6/97	Workshop	Mindfulness in the Workplace	Shoreview, MN	George Shears, M. Eq.
11/6/97	Workshop	Energy Medicine & Complimentary Therapies	Shoreview, MN	Marty Wilkes, M.A.
11/6/97	Presentation	Laughter-The Best Medicine	Shoreview, MN	Scott Novotny
11/6/97	Workshop	Acupressure & Traditional Chinese Medicine: World Medicine For A Small Planet	Shoreview, MN	Sue Arnold
11/6/97	Workshop	Think About It	Shoreview, MN	Mike Patrick
1/8/98	Workshop	Using Hypnosis with Children and Adolescents: Developmental Considerations and What's Different from Adults	Minneapolis, MN	Dan Kohen, M.D. Mark Greenwood, D.D.S. Jean Manlove, M.S.W.
2/4/98	Workshop	Nutrition and the Brain: How Selected Nutrients Affect Mood, Behavior, Cognition, Sensory, and Motor Function	Bloomington, MN	Michael A. Schmidt, D.C.
2/4/98	Workshop	Malevolent Viruses: A Healthy Immune System-The Best Insurance Against Infection	Bloomington, MN	Norman Horns, M.D.
2/5/98	Workshop	Hypnosis to Enhance Distraction for Pain Management	Minneapolis, MN	Dixie Grace, Ph.D., L.P.
2/5/98	Workshop	Body Scan Technique When Subject is in Trance	Minneapolis, MN	Lynn Powers, Ph.D., L.P.
2/5/98	Workshop	The New Chiropractic Science and Care Paradigm	Bloomington, MN	Daniel Murphy, D.C.
2/5/98	Workshop	Caring for Patients in Tomorrow's Integrated Practice	Bloomington, MN	Stephen Bolles, D.C., Faculty
3/7/98	Workshop-2hrs	Integrating Hypnosis and Psychotherapy: Examining Strategies	Minneapolis, MN	Richard Duus, Ph.D., L.P.
3/10/98	Workshop-2hrs	Prolotherapy	Minneapolis, MN	Mark Todd Wheaton, M.D.
3/17/98	Workshop-2hrs	Ki Pressure	Minneapolis, MN	John Kotsias, MS, Rita Kotsias , PT
3/31/98	Workshop-2hrs	Visceral Therapy	Minneapolis, MN	Ann Ryan, PT
4/2/98 Ph.D.	Workshop-2hrs	Psychoneuroimmunology and its Relevance for	Minneapolis, MN	Ewa Peczalaka, Ph.D, David Alter,

		Hypnotic Practice		
5/2/98 Ph.D.	Workshop-2hrs	Hypnosis: Mind-Body Implications for Chronically and Critically Ill Patients	Minneapolis, MN	Ewa Peczalaka, Ph.D, David Alter,
9/2/98	Lecture-1hr	Shoulder Instability: Non- Op vs Operative Approaches	Minneapolis, MN	Daniel D. Buss, MD
9/9/98	Lecture-1hr	High Altitude Medicine & Physiology	Minneapolis, MN	David Rhude, MD
9/17/98	Workshop - 2hrs	From the Minds of the Masters	Minneapolis, MN	Ralph McKinney, Ph.D.
9/23/98	Lecture-1hr	Bugs, Blood & Bruises	Minneapolis, MN	Rob Johnson, MD
9/30/98	Lecture-1hr	Patellofemoral Pain Syndrome	Minneapolis, MN	Mike Marchetti, MD
10/14/98	Workshop - 6hrs	Secrets Kept From the Mind, But Not From the Body	Farmington, MN	Ian Wickramasekera, Ph.D.
10/14/98	Lecture-1hr	Wrestling & Weight Issues: NCAA Experiences	Minneapolis, MN	Richard Feist, MD
10/28/98	Lecture-1hr	Pediatric Lower Extremity Overuse Injuries	Minneapolis, MN	Andrew Thomas, MD
11/4/98	Lecture-1hr	ACL Injury - New Look at Old Problems	Minneapolis, MN	Joel L. Boyd, MD
11/14/98	Workshop-2 hr	Stage Hypnosis-Why Not?	Golden Valley, MN	Ralph McKinney, Ph.D., L.P.
11/18/98	Lecture-1 hr	Physical Fitness & Training in Children	Minneapolis, MN	George Biltz, MD
12/2/98	Panel-2 hr	Substance Abuse Education & Testing	Orlando, Fl	
12/2/98	Workshop-2 hr	Women's Sprint Development Clinic	Orlando, Fl	Coach Fry
12/2/98	Workshop-1. 25 hr	Psychology of Coaching the Developmental Athlete	Orlando, Fl	Drs. Jim Reardon, Rich Gordin
12/2/98	Workshop-1 hr	Strategies for Enhancing Coach/Athlete Communication	Orlando, Fl	Drs. Jodi Yambor
12/2/98	Workshop-1 hr	Thinking Right for Success in Sport	Orlando, Fl	Dr. Rick McGuire
12/2/98	Workshop-1 hr	Elite Athlete Panel: "Life on the European Tour"	Orlando, Fl	Dr. Gloria Balague & Tracy Shaw
12/2/98	Workshop-1 hr	Coping with Post Competitive Stress and Anxiety	Orlando, Fl	Dr. Keith Henschen

12/2/98	Workshop-1 hr	Quality Practice for High Performance Track & Field	Orlando, Fl	Dr. Ralph Vernacchia
12/2/98	Meeting- 3 hr	Sports Medicine & Science	Orlando, Fl	Dr. Harmon Brown
12/3/98	Workshop-2 hr	USTCA - Div. I (Legal report, Media Study on College Track & Field, Financial Planning, USOC Training Center)	Orlando, Fl	Fleetwood, Ehlert, McKenzie Farmer
12/2/98	Meeting- 3 hr	Race Walking	Orlando, Fl	Richard Torrellas
1/27/99	Lecture-1 hr	ACL Injuries in Females	Minneapolis, MN	Bruce Levy, MD
2/3/99	Lecture-1 hr	Chronic Ankle Instability	Minneapolis, MN	John Steubs, MD
3/4/99	Lecture-1.75 hr	The Most Deadly Wound	Robbinsdale, MN	Dennis Conroy, Ph.D., L.P.
3/31/99	Lecture-1 hr	Biomechanics & Shoulder Injuries in the Throwing Athlete	Minneapolis, MN	Rosie Greenslade, M.D.
4/7/99	Lecture-1 hr	Olympic Hockey Then & Now	Minneapolis, MN	Joel Boyd, M.D.
4/10/99	Workshop-2 hr	The Relationship Between Hypnosis and Personality	Golden Valley, MN	Auke Tellegen, Ph.D.
4/21/99	Lecture-1hr	High School Rules & Policies: National & State	Minneapolis, MN	Skip Peltier, Director
5/19/99	Lecture-1hr	Orthotic Therapy for Knee Pain	Minneapolis, MN	Scott Hinshon, Orthotist
5/26/99	Lecture-1hr	Joint Injuries to the Immature Skeleton	Minneapolis, MN	Levy, M.D.
8/18/99	Lecture-1hr	Carpal Tunnel Syndrome	Minneapolis, MN	Tom Varecka, M.D.
8/25/99	Lecture-1hr	Glenohumeral Arthroplasty	Minneapolis, MN	William Jacobson, M.D.
9/1/99	Lecture-1hr	Thermal Capsulorrhaphy	Minneapolis, MN	Daniel Buss, M.D.
9/8/99	Lecture-1hr	Effort Thrombosis in Athletes	Minneapolis, MN	Balu Natarajan, M.D.
9/15/99	Lecture-1hr	% Fat Measuring Facts & Fallacies	Minneapolis, MN	Dan Zeman, M.S.
9/22/99	Lecture-1hr	"Emotional Intelligence" and Response to Injury	Minneapolis, MN	Rick Aberman, Ph.D.
9/24/99	Lecture-1hr	Healing Touch	Las Vegas, NV	Paula Bridges, MSW
9/24/99	Lecture-1hr	Biofeedback for Headache	Las Vegas, NV	Kathleen Farmer, PsyD
9/24/99	Lecture-1hr	Psychoneuroimmunology	Las Vegas, NV	Jan Burte, Ph.D.
9/24/99	Lecture-1hr	Thought Field Therapy	Las Vegas, NV	Greg Nicosia, Ph.D.

9/24/99	Lecture-1hr	Insurance Independent Practice	Las Vegas, NV	Christopher Brown, DDS
9/24/99	Lecture-1hr	Games Third Party Payors & How to Beat Them	Las Vegas, NV	Devona Slater, CMCP
9/24/99	Lecture-1.5hr	Role of Symbols & Rituals in Healing	Las Vegas, NV	Richard Cox, MD, PhD, DMin
9/25/99	Lecture-1hr	Pain & Behavioral Assessment of the Injured Patient for the Non-Psychologist	Las Vegas, NV	Richard Ackerman, DC
9/25/99	Lecture-1hr	Prayer and Pain Mgt	Las Vegas, NV	Myrna Tashner, EdD
9/25/99	Lecture-1hr	Food - Its Relationship to Pain	Las Vegas, NV	Robert Gerwin, MD
9/25/99	Lecture-1hr	NeuroMagnetic Medicine in the Treatment of Pain	Las Vegas, NV	Frank Adams, MD, FRCPC
9/25/99	Lecture-1hr	Improving Athletic Performance: Preventing Sports Related Injuries	Las Vegas, NV	Bruce Massau, DO
9/25/99	Lecture-2hr	Herbal Medicines that are Specific for Pain	Las Vegas, NV	Rick Marinelli, ND, MAcOM
10/6/99	Lecture-1hr	PCL Diagnosis & Treatment Current Trends	Minneapolis, MN	Joel Boyd, M.D.
10/8/99	Lecture-2hr	Weight Training, Nutrition, & Performance Enhancement for Athletes	Roseville, MN	David Stude, D.C.
10/13/99	Lecture-1hr	Biomechanics of Running Gait: Implications for Injury & Training	Minneapolis, MN	Thomas Novacheck, M.D.
10/20/99	Lecture-1hr	Functional Rehab & Testing Post ACL Reconstruction	Minneapolis, MN	Carol MacGillis, P.T.
11/10/99	Lecture-1hr	Physical Activity & Skeletal Health	Minneapolis, MN	Rob Johnson, M.D.
12/29/99	Lecture-1hr	Articular Cartilage - Imaging, Diagnosis, Treatment	Minneapolis, MN	William Jacobson, M.D.
5/9/00	Lecture-1.5hrs	Cartilage Restoration of the Knee	Phoenix, AZ	Gerald Yacobucci, M.D.
9/13/00	Lecture-1hr	Exercise for Diabetes Control	Minneapolis, MN	Rob Johnson, M.D.
1/11/01	Lecture-2 hrs	Hypnosis to Help Children with Cancer	Minneapolis, MN	Susan Sencer, M.D. Dan Kohen, M.D.
4/5/01	Lecture-1 hr	National Cancer Institute's Perspective on Alternative and Complementary		

		Medicine	Youngstown, OH	Jeffrey D. White, M.D.
4/5/01	Lecture-1 hr	Palliative Medicine: The Art of Oncology	Youngstown, OH	Susan B. LeGrand, M.D.
4/5/01	Lecture-1.25 hrs	Complementary Adjuncts in Cancer Care	Youngstown, OH	Martin L. Rossman, M.D.
4/5/01	Lecture-1 hr	Use of Complementary Therapies by Children with Cancer	Youngstown, OH	Kara M. Kelly, M.D.
4/5/01	Lecture-2 hrs	Interactive Guided Imagery in Cancer Care	Youngstown, OH	Martin L. Rossman, M.D.
9/7/01	Seminar-1.5 hrs	Painful Intercourse: The Role of Position	Arlington, VA	Robert Rothrock, PAC Gabriella D'Amore-Hecht, PAC
9/7/01	Seminar-1 hr	Into to EPEC & Gaps in End-of-Life Care	Arlington, VA	Robert Ellis, DO, PhD
9/7/01	Seminar-1 hr	Advanced Directives	Arlington, VA	Barbara Komblau, JD, OT/L
9/7/01	Seminar-1 hr	Communicating Bad News & Goals of Care	Arlington, VA	Gerald Greenfield, MD
9/7/01	Seminar-1 hr	Whole Patient Assessment	Arlington, VA	John Peppin, DO
9/7/01	Seminar-1 hr	Depression, Anxiety & Delirium	Arlington, VA	Eliot Cole, MD, MPA
9/7/01	Seminar-1 hr	responding to Request for Physician Assisted Suicide	Arlington, VA	Marsha Wagaman, MD, PhD
9/8/01	Seminar-1.5 hrs	QiGong Exercise	Arlington, VA	Richard Peck, MBA, LAC
9/8/01	Seminar-1 hr	Elements & Models of End-of-Life Care	Arlington, VA	Sandra Wright, RN, BA, CRNH
9/8/01	Seminar-1 hr	Legal Issues in End-of-Life Care	Arlington, VA	Barbara Komblau, JD, OT/L
9/8/01	Seminar-1 hr	Managing Common Physical Symptoms	Arlington, VA	Robert Ellis, DO, PhD
9/8/01	Seminar-1 hr	Pain Management	Arlington, VA	John Peppin, DO
9/8/01	Seminar-1 hr	Sudden Illness & Medical Futility	Arlington, VA	Gerald Greenfield, MD
9/8/01	Seminar-1 hr	Withdrawing & Withholding Treatment	Arlington, VA	Mark Boswell, MD, PhD
9/9/01 MA(c)	Seminar-1 hr	Last Hours	Arlington, VA	Betty Butler, CMP, CBA/DE,
9/9/01	Seminar-1 hr	Next Steps/Q&A/Close	Arlington, VA	Robert Ellis, DO, PhD
9/9/01	Seminar-1 hr	Training of Trainers - I	Arlington, VA	John Peppin, DO Eliot Cole, MD, MPA
9/9/01	Seminar-1 hr	Training of Trainers - II	Arlington, VA	John Peppin, DO

Eliot Cole, MD, MPA

10/9/01	Lecture-1 hr	Ethics of Sports and University in Social Change	Yo., OH	Dr. Myles Brand President-Indiana U.
1/5/02	Lecture-2 hr	Mysteries of Male & Female Communication	Phoenix, AZ	Larry James
1/6-3/17/02	Workshop-12 hr	The Mystical Experience	Phoenix, AZ	Rev. Flo Dibble
1/8-3/26/02	Workshop-30 hr	4T (Time, Talent, Treasure, Tithe)	Phoenix, AZ	Rev. Richard Rogers and Susan Greenhalgh
1/28/02	Lecture-2 hr	The Shadow Program	Phoenix, AZ	Debbie Ford
2/7/02	Lecture-1 hr	Turmoil to Tranquillity Latest Research on Mind Body, and Spirit	Glendale, AZ	Cindy Cooke, MEd
2/9/02	Workshop-2 hr	It's All About Relationships: The Psycho-Spiritual Dynamics of Meaningful Relationships	Phoenix, AZ	J. Michael Wethey, PhD
2/11/02	Lecture-2 hr	The Architecture of All Abundance	Phoenix, AZ	Lenedra Carroll
2/13/02	Lecture-2 hr	Hormonal Therapy	Phoenix, AZ	Scott Wasserman, MD
2/20 & 27/02	Workshop- 4 hr	Seven Steps for Successful Life Transition	Phoenix, AZ	Rev. Jill Fredal
2/23/02	Workshop-2 hr	Love, Sex and Relationships	Phoenix, AZ	Dave Isaac
2/25/02	Lecture-1 hr	Meditation	Glendale, AZ	Mary A. Yost, RYT
3/6 & 13/02	Lecture-4 hr	Awakening	Phoenix, AZ	Rev. Richard Rogers
3/18/02	Lecture-2 hr	Jesus: His Walk, His Talk, His Vision	Phoenix, AZ	Rev. Sallye Taylor
3/20/02	Lecture-2 hr	Seven Days to Health	Phoenix, AZ	Deepak Chopra, MD
4/7-6/30/02	Workshop-8 hr	The Spiritual Journey/ The Evolving Soul in the Bible	Phoenix, AZ	Rev. Flo Dibblee
4/7-6/2/02	Workshop-5 hr	The Millionaire Moses	Phoenix, AZ	Rev. Flo Dibblee
4/10/02	Lecture-2 hr	Energy Medicine	Phoenix, AZ	Gene Johnson, DC
4/3 & 10/02	Workshop-4 hr	Power vs Force	Phoenix, AZ	Rev. Richard Rogers
4/17/02	Workshop-2.5 hr	Radical Forgiveness	Phoenix, AZ	Colin Tipping
4/23-5/28/02	Workshop-6 hr	Seven Spiritual Laws for the Workplace	Phoenix, AZ	Michael J. Vandermark, Ph.D.

5/1-8/02	Workshop-2 hr	Power	Phoenix, AZ	Rev. Richard Rogers
5/15/02	Workshop- 4 hr	Spiritual Maturity	Phoenix, AZ	Rev. Jill Fredal
5/20/02	Workshop-2 hr	Consciousness is Everything	Phoenix, AZ	Harry Morgan Moses, D.D.
5/22 & 29/02	Workshop-1 hr ea	There's a Spiritual Solution to Every Problem	Phoenix, AZ	Rev. Richard Rogers
6/14/02	Workshop-1 hr	APT Typing	Bloomington, MN	Daniel Stark
7/21/02	Workshop-2 hr	Abundance & Powers of the Cosmos	Golden Valley, MN	Rev. Sharon Connors
8/8/02	Lecture-1 hr	The Healing Response	Minneapolis, MN	Michael Loes, M.D.
8/9/02	Lecture-1 hr	The Healing Response	Brooklyn Ctr, MN	Michael Loes, M.D.
8/21/02	Lecture-1 hr	USA Cup: Injury Occurrence & Injury Mgt of Heat Illness	Minneapolis, MN	Steve Elias, M.D.
8/28/02	Lecture-1 hr	Muscle Contusions & Myositis Ossification	Minneapolis, MN	Chris Larson, M.D.
9/4.02 B	Lecture-1 hr	Cervical Injuries in Hockey & Football - On field mgt with regards to equipment	Minneapolis, MN	Paul Burning, MA, ATC/Rm EMT-
9/11/02	Lecture-1 hr	NSAID & the Treatment of Muscle Injuries	Minneapolis, MN	Steve Stovitz, MD
9/26/02	Keynote- 1hr	Renewing Our Commitment to Multidisciplinary Pain Management	Reno, NV	Kathryn Weiner, Ph.D. John Giglio, MA, JD
9/27/02	Lecture-1.5 hr	How do We Create Life? Can We Change What We Are Creating?	Reno, NV	Carol Lovejoy
9/27/02	Lecture-1 hr	The Good, The Bad And the Ugly	Reno, NV	Thomas Romano, MD, PhD
9/27/02	Lecture-1 hr	Phantom Limb Pain & CRPS	Reno, NV	Michael Perry, CRNA, PhD
9/27/02	Lecture-1 hr	Axiologic Disorders and the Relief of Suffering in Chronic Pain	Reno, NV	Richard Materson, MD
9/27/02	Lecture-1 hr	Maximizing the Effectiveness of Psychology in a Multi-disciplinary Pain Program	Reno, NV	Catherine O'Connell, PhD

9/27/02	Lecture-1 hr	Controlling Spinal Pain with Manual Therapy	Reno, NV	Robert Gordon, DC
9/27/02	Lecture-1 hr	Preventing Lawsuits and Meeting Patient Expectations	Reno, NV	Barbara Kornblau, OT, JD
9/27/02	Keynote-1 hr	Can Chronic Pain Be Prevented	Reno, NV	Neil Nathan, MD
9/27/02	Lecture-2 hr	Benefits and Shortcomings of Treating Pain with AED's (Antiepileptic Drugs)	Reno, NV	Michael John McLean, MD, PhD
9/28/02	Lecture-1.5 hr	Tai Chi Chuan Exercises	Reno, NV	Iva Lim Peck, LAc, RN
9/28/02	Lecture-1 hr	Aroma Therapy: What's the Evidence	Reno, NV	Alan Hirsch, MD
9/28/02	Lecture-1 hr	Auriculotherapy: What's the Evidence	Reno, NV	Ray Sorenson, DO
9/28/02	Lecture-1 hr	Home Based Care: Can We Really Manage Pain?	Reno, NV	Sandra Wright, RN
9/28/02	Lecture-1 hr	Acupuncture: What's the Evidence	Reno, NV	Misha Cohen, OMD, LAc
9/28/02	Lecture-1 hr	Life Charms: Living Intuitively, Finding Empathy with Compassion, Humor, Art, Recollection; Music and Spirituality	Reno, NV	Betty Butleer, CMP, MAC
9/28/02	Lecture-1 hr	Overlooked Diagnoses in Pain Patients	Reno, NV	Nelson Hendler, MD
9/28/02	Lecture-1.5 hr	How Come I Think I Do the Right Things and the DEA Hassles Me Anyway?	Reno, NV	Gary Jay, MD Charles Cichon
9/29/02	Lecture-2.5 hr	NMDA-Mediated Central Sensitization and Opioid Analgesic Tolerance: Scientific Findings and Clinical Implications	Reno, NV	Charles Argoff, MD Gary Bennett, PhD
9/29/02	Lecture-1.5 hr	Incorporating the Internet Into Your Practice	Reno, NV	Rodger Pfingsten, MA
9/29/02	Lecture-1 hr	If Children Hurt Why Don't We Know It?	Reno, NV	Marcia Levetown, MD
9/29/02	Lecture-1 hr	Cognitive Therapies	Reno, NV	Karin Hilsdale, PhD, LAc
9/29/02	Lecture-1 hr	Group Therapies	Reno, NV	Ralph Anderson, PhD

9/29/02	Lecture-1 hr	The Role of Operant Behavioral Therapies	Reno, NV	Tracy Covington, PhD
10/2/02	Lecture-1 hr	Wednesday Awakening	Phoenix, AZ	Rev. Rogers
10/ 6- 12/5/02	Class-9 hr	Talks on Truth	Phoenix, AZ	Rev. Flo Dibblee
10/6 - 12/5/02	Class-9 hr	The Healing Secrets of the Ages	Phoenix, AZ	Rev. Flo Dibblee
10/9/02	Presentation-1.5 hr	The use of a new laser instrument	Phoenix, AZ	Kathleen Fry, M. D. Hermine Muellerleile, D. C.
10/12/02	Lecture-0.5 hr	Trends in Pain Management	Phoenix, AZ	Kirk Strawn, MD
10/12/02	Lecture-0.5 hr	Roles in Pain in the Vicious Cycle	Phoenix, AZ	Sue Smith, Certified Instructor, Disease Management
10/12/02	Lecture-0.5 hr	Mindfulness-Based Stress Reduction and Pain	Phoenix, AZ	Tom Long, MD
10/12/02	Lecture-0.5 hr	Using Acupuncture in Pain Management	Phoenix, AZ	Catherine Niemiec, JD, LAc Joseph Garner, LAc
10/12/02	Lecture-0.5 hr	Pain Management	Technique Demonstration	Phoenix, AZ (?)
10/12/02	Lecture-0.5 hr	Biofeedback and Pain Management	Phoenix, AZ	Michael Conley, MA, MBA Marcia Conley, MA
10/12/02	Lecture-0.5 hr	Spiritual/Energy Psychology and Pain	Phoenix, AZ	Pam Raman, RN, MS
10/14/02	Lecture-1 hr	East Meets West: Planting the Seeds for World Peace	Lama Venerable	Za Choeje Rinpoche Rev. Richard Rogers
10/19/02	Lecture/Tour-11 hr	Hopiland	Hopi Reserv.-AZ	Gary (Hopi Guide)
10/23/02	Lecture-1.5 hr	Intimacy in Relationships: Building Blocks or Road Blocks	Glendale, AZ	Prof. Hannes Kvaran
11/18/02	Lecture-1 hr	Obesity: Yesterday's Advantage, Today's Problem	Glendale, AZ	David Mann, Ph.D.
1/5-4/6/03	Lecture-14 hrs	Jesus Christ Heals	Phoenix, AZ	Rev. Flo Dibblee
1/5-4/6/03	Lecture-14 hrs	Jesus' Teachings in the Bible	Phoenix, AZ	Rev. Flo Dibblee
1/8/03	Lecture-1.5 hrs	Edgar Cayes Therapies	Paradise Valley,	

			AZ	Gladys McGarey, M.D.
1/15/03	Lecture-1.5 hrs	Forgiveness	Phoenix, Az	Rev. Richard Rogers
1/22/03	Lecture-1 hrs	Letting Go of Insecurity Blankets	Phoenix, AZ	Rev. Jill Fredal
1/29/03	Lecture-1.5 hrs	Trusting Your Love	Phoenix, Az	Rev. Richard Rogers
2/5/03	Lecture-1.5 hrs	Love	Phoenix, Az	Rev. Richard Rogers
2/26/03	Lecture-1.5 hrs	Appreciation	Phoenix, Az	Rev. Richard Rogers
3/3/03	Lecture-2 hrs	Reiki Healing	Glendale, Az	Reiki Master - Sunny Johnston
4/12/03	Lecture-1.5 hrs	Research Concerning Homocysteine, Folic Acid and Pregnenolone	Paradise Valley, AZ	Steven P. Timmons, DVM, Compounding Chemist David Kiernan, PharmD.
4/23/03	Lecture-1.5 hrs	Mastermind: Creating Spiritual Support	Phoenix, Az	Rev. Richard Rogers
4/27/03	Lecture-1 hr	Prosperity	Phoenix, AZ	Rev. Flo Dibblee
4/27/03	Lecture-1 hr	Healing	Phoenix, AZ	Rev. Flo Dibblee
4/30/03	Lecture-1.5 hrs	Mastermind: Creating Spiritual Support	Phoenix, Az	Rev. Richard Rogers
5/4/03	Lecture-1 hr	Prosperity	Phoenix, AZ	Rev. Flo Dibblee
5/4/03	Lecture-1 hr	Healing	Phoenix, AZ	Rev. Flo Dibblee
5/7/03	Lecture-1.5 hrs	Mastermind: Creating Spiritual Support	Phoenix, Az	Rev. Richard Rogers
5.21.03	Lecture-1.0 hr	Hip Muscle Weakness & Overuse Syndromes In Recreational Runners	Minneapolis, MN	Paul Niemuth PT, DSc, OCS, ATC
5/22/03	Lecture-1.5 hrs	New Concepts in the Diagnosis and Treatment of Migraine	Wayzata, MN	Fabio Vasquez, M.D.
6/3/03	Lecture-2.5 hrs	New Perspectives on Pain Management-Lidoderm	St. Paul, MN D.A.B.P.M.	Dr. W. David Leak, M.D.,
6/4,11,18,25/03	Class-1.5 hrs. ea	The Art of Spiritual Dreaming	Chanhassen, MN	Ed Zerylnick, Cathy Pack
6/21/03	Workshop-40 min	Dream to Soul Travel	Chanhassen, MN	Charles & Debbie Richie
6/21/03	Workshop-40 min	How to Soul Travel in the Worlds of God	Chanhassen, MN	Jim & Heidi Skarie
6/21/03	Workshop-40 min	Beyond Soul Travel: Beginning, Knowing, Seeing	Chanhassen, MN	Laurie Clausen, Uli Sacchet
6/22/03	Lecture – 2 hrs	The Honey of Islam	Bloomington, MN	Karima Bushnell, M.A.

7/9,16, 30/03	Class - 1.5 hrs ea	Past Lives, Dreams, and Soul Travel	Chanhassen, MN	Charles & Debbie Richie
7/21/03	Presentation - 2.0 hrs	Introduction of Masters Keynote	Phoenix, AZ	Dr. Maxwell Dr. Senge
7/21/03	Presentation - 1.0 hr	Advice to the Leaders Peoples of the World Today	Phoenix, AZ	Dr. A.T. Ariyaratne
7/21/03	Presentation - 0.75 hr	Paradigm Shifts in Mental Health Healing	Phoenix, AZ	Dr. Leidecker
7/22/03	Presentation - 1.0 hr	Creative Thinking	Phoenix, AZ	Dr. Edward de Bono
7/22/03	Presentation - 1.5 hr	The Things We Steal From Children	Phoenix, AZ	Dr. John Edwards
7/22/03	Presentation - 1.0 hr	Creative Thinking	Phoenix, AZ	Dr. Edward de Bono
7/22/03	Presentation - 1.0 hr	No Illness, Only Lack of Wellness	Phoenix, AZ	Wauneta Lone Wolf
7/22/03	Presentation - 1.0 hr	Educational Research Opportunities in Pacific Nations	Phoenix, AZ	Dr. Patrick Tellei
7/23/03	Presentation - 1.0 hr	Overcoming the Culture of Poverty	Phoenix, AZ	Dr. Ruby Payne
7/23/03	Keynote - 1.0 hr	Sport Business: The Psychology of Success	Phoenix, AZ	Mr. Jerry Colangelo, CEO , Rich Dozer, Pres.-AZ Diamondbacks Rick Welts, Pres-Phoenix Suns
7/23/03	Symposium- 1.0 hr	Can the Abrahamic Religions Be Reconciled?	Phoenix, AZ	Panel
7/24/03	Presentation- 1.3 hr	Breakthroughs in Oncological Research	Phoenix, AZ	Dr. David Sidransky
7/24/03	Presentation- 1.0 hr	Revolutions in Healthcare	Phoenix, AZ	Dr. Aftab J. Ahmed
7/24/03	Presentation- 1.0 hr	Trends in Pacific Thought: The Past 3000 Years and the next 100	Phoenix, AZ	Dr. Ron Crocombe
7/24/03	Presentation- 1.0 hr	The New Genetics for the Primary Care Provider: A Case Study for Medical Education	Phoenix, AZ	Dr. Larry Sobel
7/25/03	Keynote- 1.25 hr	Thinking	Phoenix, AZ	Dr. Edward de Bono
7/25/03	Symposium- 1.5 hr	Building Sustainable Communities	Phoenix, AZ	Panel
8/6, 13, 20/03	Class - 1.5 hrs ea	Is Life A Random Walk?	Chanhassen, MN	Cleric - Alison Powers - Aubrey Forbes

8/27, 9/3,10/03	Class - 1.5 hrs ea	Ancient Wisdom for Today	Chanhassen, MN	Cleric - Alison Powers - Doug Munson
9/3/03	Presentation-1.0 hr	Sideline Review: Review of Pertinent Return to Play Parameters	Minneapolis, MN	Rob Johnson, MD Smith, MD, Smith ATC
9/4/03	Presentation-2 hr	TCM for Pain	Denver, CO	William Skelton, DAc Misha Cohen, OMD, LAc
9/4/03	Presentation-2 hr	Practice Risk Mgt	Denver, CO	Barb Kornblau, JD, OTR
9/4/03	Presentation-2 hr	Homeopathy for Pain	Denver, CO	Nicholas Nossaman, MD, DHt
9/4/03	Presentation-1.5 hr	Pain Mgt: Together We Are Going Places	Denver, CO	Kathryn Wiener, PhD
9/5/03	Presentation-1.5 hr	Pain Classification	Denver, CO	James Woessner, MD
9/5/03	Presentation-2 hr	Hypnotic Strategies	Denver, CO	Jan Burte, PhD, Steven Mann PhD
9/5/03	Presentation-1 hr	Self-Regulation Strategies for Pain Control	Denver, CO	Alexandra Campbell, PhD
9/5/03	Presentation-1 hr	Behavioral Approaches to Trauma, Anxiety & Pain	Denver, CO	David Bresler, PhD
9/5/03	Presentation-1 hr	Spiritual Awareness, Painful Exp and Meditation	Denver, CO	Gregory Sims, PhD
9/5/03	Presentation-1 hr	Sex, Violence and Pain	Denver, CO	Jonh Mark Disorbio, EdD
9/5/03	Presentation-1.5 hr	Why Won't God Go Away	Denver, CO	Andrew Newberg, MD
9/6/03	Presentation-1 hr	Teaching Methods & Presentation Skills	Denver, CO	B. Eliot Cole, MD, MPA
9/6/03	Presentation-1 hr	Neuroanatomy	Denver, CO	James Giordano, PhD
9/6/03	Presentation-1 hr	Sleep and Pain	Denver, CO	Bredley Eli, DMD, MS
9/6/03	Presentation-1 hr	Neurofeedback	Denver, CO	Susan Othmer, PhD
9/6/03	Presentation-1 hr	Heart Rate Variability Training	Denver, CO	Rollin McCraty, PhD
9/6/03	Presentation-1 hr	Pilates	Denver, CO	Kevin Bowen, Patricia Guyton
9/6/03	Presentation-1.5 hr	Evidence Based Medicine: Why Care	Denver, CO	Mark Boswell, MD, PhD Gary Jay, MD
9/7/03	Presentation-1.5 hr	Prayer, Psychotherapy & Therapy	Denver, CO	Myrna Tashner, EdD
9/7/03	Presentation-1 hr	Talking Away Pain	Denver, CO	Raymond Petras, PhD
9/7/03	Presentation-1 hr	Comprehensive Outcome Measurement: Helping Patients Recognize Success	Denver, CO	Michael Schatman, PhD

9/7/03	Presentation-1.5 hr	Effective Therapies & Treatment for Fibromyalgia & Chronic Fatigue Syndrome	Denver, CO	Jacob Teitelbaum, MD
9/7/03	Presentation-1.5 hr	Psychological Treatment of Fibromyalgia	Denver, CO	Gary Rosengarten, PhD
9/10/03	Presentation-1 hr	Hoops PT: The Physical Therapists Role in the Athletic Medicine Team	Minneapolis, MN	Andre Deloya, PT
10/8/03	Presentation-1.0 hr	Traumatic Elbow Injuries in the Athlete	Minneapolis, MN	Edward Kelly, MD
10/15/03	Presentation-1.0 hr	The EMS Roll in Sports Medicine	Minneapolis, MN	Craig Reese, EMT
10/22/03	Presentation-1.0 hr	Lateral & Medical Epicondylitis: Why aren't my patients getting better?	Minneapolis, MN	Mike Dixey, Pt, CSCS
11/12/03	Presentation-2.0 hr	Blood Flow in Cardiac Patient-Equipment	Scottsdale, AZ	Mary Grace Warner, MD
11/19/03	Presentation-1.0 hr	Exploring Native America: The Southwest History and Culture of the Tohono O'odham People	Glendale, AZ	Daniel Preston, Elder
11/20/03	Presentation-1.0 hr	Blood Pressure: The Benefit of Meditation and Prayer	Scottsdale, AZ	Raymond Heilman, MD Rev. Jonathan Coffey Jr.
12/10/03	Presentation-2.0 hr	Cancer and Music-Harp	Scottsdale, AZ	Joyce Buekers
1/11/04	Presentation-1.0 hr Participation-2.0 hr	The Journey Within: Awaken Your Soul	Phoenix, AZ	Wanda Pantle, Larry Cain
1/14/04 TM	Presentation-2.0 hr	Energy Medicine	Scottsdale, AZ	Kelly K. McCann, MD, MPH &
1/14/04	Teaching Summit - 6.5 hr	Southwest Section-PGA Interactive forum on golf instruction	Scottsdale, AZ	PGA Teaching Professionals
1/21/04	Demonstration-2.0 hr	Divine Connection: Messages from the Other Side	Glendale, AZ	Dena Besh-Ellis - Dir. of Wellness
1/28/04	Presentation-2.0 hr	Mind-Body Connection: Myth or Reality?	Glendale, AZ	Christina Compton, ND
2/2/04	Presentation-2.0 hr	Love and the Angels	Glendale, AZ	Sunny Dawn Johnson
2/11/04	Presentation-2 hr	Combining Acupressure w/ Counseling to Increase Athletic Ability & Reduce Stress	Scottsdale, AZ	Tutsie Silapalikitporn, PhD, L.AC.

2/17/04	Presentation-1.5 hr	What is Homeopathy and How Can It Help Me?	Glendale, AZ	Joie Rowles, Ph.D.
2/25/04	Presentation-1.0 hr	Hand Reflexology	Glendale, AZ	Bonnie Leigh Lowery, LMT
2/26/04	Presentation-1.0 hr	What is Truth?	Glendale, AZ	Bob Fazio
3/10/04	Presentation-2.0 hr	Biofeedback & Health	Scottsdale, AZ	John McGarey, M.A.
4/14/04	Presentation-2.0 hr	Shamanism	Scottsdale, AZ	Michael Winkelman, Ph.D.
4/20/04	Presentation-1.0 hr	Strategies for Exercising in AZ Summers	Glendale, AZ	Tom Moreau, M.S., PA-C
2/26/04	Presentation-1.0 hr	Success: Believe and Achieve	Glendale, AZ	Stacy Albert Andrews
4/28/04	Presentation-1.0 hr	Clear Your Soul: Intro. to Releasing and Manifesting	Glendale, AZ	Dena Ellis, Lynn Carlton
5/12/04	Presentation-2.0 hr	Emotions, Stress and Health	Scottsdale, AZ	Professor Alex J. Zautra, ASU
5/26/04	Presentation - 1.0 hr	Bones and Botox	Minneapolis, MN	Grant Morrison, M.D.
9/19, 9/26 10/3/04	Class - 1.25 hr	The Story of Lovie	Phoenix, Az	Rev. Lei Lanni Burt
11/10/04	Presentation-2.0 hr	Treating and Preventing Carpal Tunnel Syndrome	Scottsdale, AZ	Richard Hinrich, Ph.D.
12/1/04	Presentation-2.0 hr	Breaking the Rules and Close More Sales	Scottsdale, AZ	Brad Ferguson, Pres. Sandler Sales Institute
12/6/04	Presentation-3.0 hr	Marketing Your Practice	Phoenix, AZ	Bill Gluth, Creative Strategist
12/8/04	Presentation-2.0 hr	Beyond Sales Training	Scottsdale, AZ	George Gillis Janus Center
12/8/04	Case studies - 2.0 hr	Case Studies	Scottsdale, AZ	Gladys McGarey, M.D.
1/11/04	Teaching-3.5 hr	9th - Annual Teaching Summit, SW PGA	Scottsdale, AZ	Bob Kostis, Gary McCord, Stan Utley, Grayhawk GC Miller Barber
1/12/05	Presentation-2.0 hr	Bowen Technique - Neuromuscular Re-Patterning	Scottsdale, AZ	Audrey Butko, M.D.
2/9/05	Presentation-2.0 hr	Integrative Medicine Education	Scottsdale, AZ	Howard Silverman, M.D., M.S.
3/13-3/16/05	Symposium-18.0 hr	18th Annual SPPM Pain Management Symposium	Scottsdale, AZ	Various Sections
9/19-9/20/05	Symposium-18.0 hr	The Pain Center 2005/2006 The Nuts and Bolts	Henderson, NV	Various Sections Below
9/19/05	Seminar-0.5 hr	What Successful Pain Mgt Practices Have In Common	Henderson, NV	Amy Mowles

9/19/05	Seminar-0.5 hr	Adding Other Specialities to Your Practice - What Works And What Doesn't	Henderson, NV	Bernard Abrams, MD
9/20/05	Seminar-1.0 hr	The Self-Referred Patient, Your Key to Success	Henderson, NV	Steven Simon, MD
9/20/05	Seminar-1.0 hr	Building A Successful Worker's Comp Practice	Henderson, NV	Steven Simon, MD
9/21/05	Seminar-4.0 hr	Medical Psychology: The Newest Frontier in Practice Development	San Diego, CA	Various Speakers
9/21/05	Presentation-1.25 hr	Essentials in the Psychological Evaluation of Medical Patients	San Diego, CA	Brent Van Dorsten, PhD
9/21/05	Presentation-2.0 hr	Overview of Key Tests Used in the Psychological Assessment of Medical Patients	San Diego, CA	C. David Tollison, PhD Robert L. Gant, PhD, FAPM
9/21/05	Presentation-0.75 hr	Meeting or Exceeding the Needs of Physicians	San Diego, CA	John Brendel, MD
9/23- 9/25/05	Seminar- 19.0 hr	16th Annual AAPM Clinical Meeting: Clinicians United to Manage Pain	San Diego, CA	Various Seminars Below
9/23/05	Seminar- 1.5 hr	Matching Treatments to Chronic Pain Patients: Virtues of Splitting vs Lumping	San Diego, CA	D. Turk, Ph.D.
9/23/05	Seminar- 1.0 hr	Multi-dimensional Behavioral Assessment	San Diego, CA	R. Feierstein, Ph.D.
9/23/05	Seminar- 1.0 hr	Massage Therpay: Science and Use	San Diego, CA	J. Durant, NCTMB
9/23/05	Seminar- 1.0 hr	Role of the Social Worker in Treating Low Back Pain	San Diego, CA	T. Altilio, LMSW
9/23/05	Seminar- 1.0 hr	Pain Management: A Cognitive Behavioral Perspective	San Diego, CA	J. Ballard, DMin, CRT
9/23/05	Seminar- 1.0 hr	Role of Hypnotherapy in Pain Management	San Diego, CA	J. Burte, Ph.D.
9/23/05	Seminar- 1.0 hr	Why Homeopathy? And The Healing Response	San Diego, CA	M. Loes, M.D., M.D. (H)
9/23/05	Seminar- 1.0 hr	Neural Emotional Techniques	San Diego, CA	I. Peck, LAc, RN
9/23/05	Seminar-1.0 hr	End of Life Issues	San Diego, CA	C. von Gunten, M.D., Ph.D.
9/24/05	Seminar- 1.0 hr	Psychotherapies for Pain	San Diego, CA	K. Brown, PhD

9/24/05	Seminar- 1.0 hr	Psychophysical and MRI in Fibromyalgia	San Diego, CA	R. Gracely, PhD
9/24/05	Seminar- 1.0 hr	Integrative Medicine Approaches for the Treatment of Fibromyalgia and Related Disorders	San Diego, CA	J. Blackman, MD, Ph.D. J. Gilbert, Dip CHM. Ac. Dip.
9/24/05	Seminar- 1.0 hr	Use of Laser Therapy for Pain Conditions	San Diego, CA	R. Bonakdar, MD
9/24/05	Seminar- 2.0 hr	Neurophilosophy of Malignant Pain: Disease, Illness and Ethical Obligations	San Diego, CA	J. Giordano, PhD
9/24/05	Seminar- 1.0 hr	California Workers' Compensation and Medical Ethics	San Diego, CA	J. Jacobson, MD
9/25/05	Seminar- 1.0 hr	Can the History of Ethics Contribute to Compassionate Care in Modern Medicine	San Diego, CA	F. Chessa, PhD
9/25/05	Seminar- 1.0 hr	Interactive Guided Imagery for Chronic Pain	San Diego, CA	D. Bresler, PhD, LAc
9/25/05	Seminar-1.0 hr	Behavioral Treatment for Primary Headache Disorders	San Diego, CA	F. Andrasik, PhD
9/25/05	Seminar- 1.0 hr	Pain and the Family	San Diego, CA	S. Bushfield, PhD, MSW
9/25/05	Seminar- 1.0 hr	Integrative Medicine: Putting it All Together	San Diego, CA	R. Bonakdar, MD
10/27-9/05	Workshops- 27 hrs	Importance of Play Place Space	San Francisco, CA	Kaboom, Inc.
11/13/05	Workshop – 1 hr	The Himalayan Health Secret: Introduction to Lycium Barbarum	Tempe, AZ	Rebrecca Rivera, MD, PA, OB-GYN
12/15/05	Presentations- 3 hr	National Governor's Assoc. Obesity Issues	Phoenix, AZ	Various speakers and panels
2/24-5/06	Seminar-16 hrs	Zhou's Hypoxicology Therapy – Sleep Apnea, Sleep Disorder, Hypoxia Treatment. Certification	Phoenix, AZ	Dr. Jin Zhou
4/26-7/07	Summit-12 hrs	3 rd Annual Urban American Indian Disability Summit	Phoenix, AZ	
4/26/07	Presentation-1.25 hrs	Increasing Resources	Phoenix, AZ	Theda McPherson, MA
4/26/07	Breakout-1.5 hrs	Issues-Persons with Mental Health, Substance Abuse, or a Co-Occurring Diagnosis	Phoenix, AZ	Kimberly Irwin, MBA, SSI John Keane, BA, AZ State

4/26/07	Breakout-1.5 hrs	Co-Occurring Disorders	Phoenix, AZ	Mimi Rodriquez, MSW
4/27/07	Breakout-1.5 hrs	Interventions for Native Americans-Tobacco	Phoenix, AZ	Sandra Harker, BA, AZ Cty
4/27/07	Breakout-1.5 hrs	Cultural/Physical Barriers	Phoenix, AZ	Fernando Cruz, MSW
4/27/07	Presentations-2.5 hrs	National Perspective Native Services	Phoenix, AZ Phoenix, AZ	Julie Clay, Director Dianna Yazzie Devine, CEO
8/13/08	Presentations-7 hrs	AZ Telemedicine Program	Phoenix, AZ	Gail Barker, Co-Director
7/09	Presentation-5 hrs	Arizona Sustainability Summit	Phoenix, AZ	AZ Office Technologies
3/18/10	Presentation-2 hrs	Midwestern U – Hypnosis	Phoenix, AZ	Dr. Virden
4/10	Presentation	2nd International Telehealth Palliative Care Symposium	Alaska	Christine A. DeCourtney Cancer Program Planning Manager Alaska Native Tribal Health Consortium
7/13/10	Presentations-6 hrs	Wellness Council of AZ	Phoenix, AZ	Dan Johnson, Director
11/2/10	Presentations-6 hrs	Arizona Cancer Coalition Conference	Phoenix, AZ	Ms. Kendra A. Sabol, MEd, MS
11/4/10	Presentation-2 hrs	Sierra Tucson- "The Neurobiology of Misbehavior: Understanding and Treating Addiction, Thrill-Seeking, and Dry-Drunk Behavior"	Scottsdale, AZ	Robert Johnson, DO
3/18/11	Presentation-.75 hr	How It Was and How It Can Be Again	Phoenix, AZ	Nicholas A. Cummings, Ph.D.
3/18/11	Presentation-2.25 hrs	Renewing the Clinical Relationship	Phoenix, AZ	David Healy, MD
3/18/11	Presentation-1.75 hr	The Patient Bill of Rights	Phoenix, AZ	David Antonuccio, Ph.D.
3/18/11	Presentation-.75 hr	Psychotherapy as a First-Line Treatment for Behavioral Disorders	Phoenix, AZ	John Caccavale, Ph.D., MSCP
3/18/11	Presentation-1 hr	Moderated Discussion Psychotherapy as a First-Line Treatment for Behavioral Disorders	Phoenix, AZ	John Caccavale David Antonuccio William T. O'Donohue, Ph.D.
3/18/11	Presentation-1.5 hrs	Anatomy of an Epidemic: History, Science, and the Case Against Psychiatric Drugs	Phoenix, AZ	Robert Whitaker
3/18/11	Presentation-1.5 hrs	The Behavioral Care Training Paradigm for the Future	Phoenix, AZ	Ronald O'Donnell, Ph.D.
3/18/11	Presentation-1.25 hrs	Health and Behavior:		

		Expanding the Role of Psychologists in Skilled Nursing Facilities	Phoenix, AZ	Joseph Casciani, Ph.D.
3/18/11	Presentation-1.25 hrs	Attention-Deficit Hyperactivity Disorder	Phoenix, AZ	William Pelham, Ph.D.
6/9/11	Presentation-2.0 hrs	Spirit of Science: Science of Spirit Take Control of Your Cancer Journey	Phoenix, AZ	David Spiegel, MD Todd Stottlemire
11/30/12	Workshop-9.0 hrs 1 of 2 days	Excursion Workshop The Monroe Institute	Scottsdale, AZ	Bill Roberts
12/1/12	Workshop-9.0 hrs 2 of 2 days	Excursion Workshop The Monroe Institute	Scottsdale, AZ	Bill Roberts
2/22/12	Death & Dying-2.5 hrs	Opening Ceremony	Scottsdale, AZ	Janet Gangl, Ex. Dir
2/23/12	Presentation-1.0 hr	What To Do in an Emotional Crisis	Scottsdale, AZ	Barbara Saint John
2/23/12	Presentation-1.0 hr	Beyond Grief, a Hero's Journey to Wholeness	Scottsdale, AZ	Claire Perkins
2/23/12	Presentation-1.0 hr	On the Frontiers of Life	Scottsdale, AZ	Dr. Raymond Moody Paul Perry
2/23/12	Presentation-1.0 hr	Awakening to Your Angels in Grief and Loss	Scottsdale, AZ	Marilyn Poscic
2/23/12	Presentation-1.0 hr	NDE Should Mean "No Death Experience"	Scottsdale, AZ	Dr. Robert Pease
2/23/12	Presentation-1.0 hr	Panel: All Presenters	Scottsdale, AZ	Panel: All Presenters
3/15/13	Presentation-2.0 hrs	NDE	Phoenix, AZ	Dr. Eben Alexander
3/15/13	Presentation-2.0 hrs	NDE	Phoenix, AZ	Anita Moorjani
5/20/12	Course-6.0 hrs	Mental Health First Aid USA	Phoenix, AZ	Carlos Benjamin Cheri DeBree
5/21/12	Course-6.0 hrs	Mental Health First Aid USA	Phoenix, AZ	Carlos Benjamin Cheri DeBree

CONFERENCES ATTENDED SINCE 1995

<u>Date</u>	<u>Name of Conference</u>
5/20-21/13 (12 hrs)	Mental Health First Aid - USA
2/22-23/13	The Real Double D's of Life: Death & Dying Conference, Scottsdale
11/30/12-12/1/12	Excursion Workshop-The Monroe Institute, by Bill Roberts
3/18-19/11	Restoring Psychotherapy as the First-Line Intervention in Behavioral Health
11/2/10 (6 hrs)	Arizona Cancer Coalition Conference, Phoenix, AZ. 6 hrs
7/09 (5 hrs)	Arizona Sustainability Summit. Phoenix, AZ. 5 hrs
8/13/08 (7 hrs)	AZ Telemedicine Program. Phoenix, AZ. 7 hrs
4/26-7/07 (12 hrs)	3 rd Annual Urban American Indian Disability Summit, Phoenix, AZ. 12 hrs
2/24-5/06 (16 hrs)	Zhou's Hypoxicology Therapy – Sleep Apnea, Sleep Disorder, Hypoxia Treatment. Certification, Phoenix, AZ. Dr. Jin Zhou 16 hrs
12/15/05 (3 hrs)	National Governor's Association – Obesity 3 hrs
10/27-29/05 (27 hrs)	U Play Conference - KaBOOM! University of Play! Foster City, CA, 27 hrs
9/23-25/05 (19 hrs)	Seminar- 19.0 hr 16th Annual AAPM Clinical Meeting: Clinicians United to Manage Pain, San Diego, CA
9/21/05 (8 hrs)	Medical Psychology: The Newest Frontier in Practice Development, San Diego, CA
9/19-9/20/05 (18.0 hr)	The Pain Center 2005/2006, The Nuts and Bolts, Society for Pain Practice Management (SPPM) Henderson, NV
3/13-3/16, 2005 (CE-18.0)	18th Annual SPPM (Society for Pain Practice Management) Symposium. Double Tree La Posada Resort, Scottsdale, AZ
9/4-7/03 (CE-31)	American Academy of Pain Management- 13th Annual Conference "Together We Are Going Places," Denver, CO
7/21-25/03 (21 hrs)	The XI International Conference on Thinking, Phoenix, AZ, 21 hrs.
10/12/02 (CE-4)	Arizona Consortium of Complementary Healing Organizations, "Complementary Approaches to Pain Management." Phoenix, AZ
9/26-29/02 (CE-27.5)	American Academy of Pain Management- 13th Annual Conference "Renewing Our Commitment to Multidisciplinary Pain Mgt." Reno, NV
9/7-9/01 (CE-24)	American Academy of Pain Management- 12th Annual Conference "Pain Management: A Challenge for the New Millennium." Washington, DC.
4/5/01 (CE-6.25)	21st Annual Cancer Symposium: "Integrating Complementary Medicine." Youngstown, OH
10/3/99 (CE-6)	Stanley Rosenthal Memorial Fall Retreat-Marlene E. Hunter, M.D., F.C.F.P. (C) Chronic Pain, Ego States, Phobias (9:00am-4:30pm). Minneapolis, MN.
9/23-26/99 (CE-32.5)	American Academy of Pain Management-Annual Conference Pain Management: A Decade of Integrating Clinical Service. Las Vegas, NV.

3/4/99	Advanced Issues Conference for Emergency Services Personnel "The Most Deadly Wound". St. Louis Park, MN
12/2-5/98	USA Track & Field Annual Conference. Orlando, Florida
10/14/98	Secrets Kept From the Mind, But Not From the Body
3/10, 17, 31/98	Minnesota Chapter of the American Physical Therapy Association - Spring Lecture Series
1/18-20/98	Pre-Super Bowl Scientific Congress
11/6/97	Minnesota Rehabilitation Counselling Association
10/24/97	Minnesota State High School Hockey Coaches Association Annual Conference
9/24-28/97	AAASP-12th Annual Conference
9/18-21/97	American Academy of Pain Management
8/7/97	Minnesota State Coaches Volleyball Association Conference
6/20/97	1997 IAIABC Central States Association Worker's Compensation Conference
10/16-20/96	AAASP-11th Annual Conference
8/10/96	Minnesota State Coaches Volleyball Association Conference
10/20-22/95	Swedish Annual Mental Training Conference
9/14-17/95	American Academy of Pain Management
5/25-29/95	World Congress of Mental Training and Excellence (Canada)